

# Pharmacology of immunosuppressants used in cats and dogs

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8<sup>TH</sup> MAY, 2023



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College of  
Veterinary Medicine



# Outline

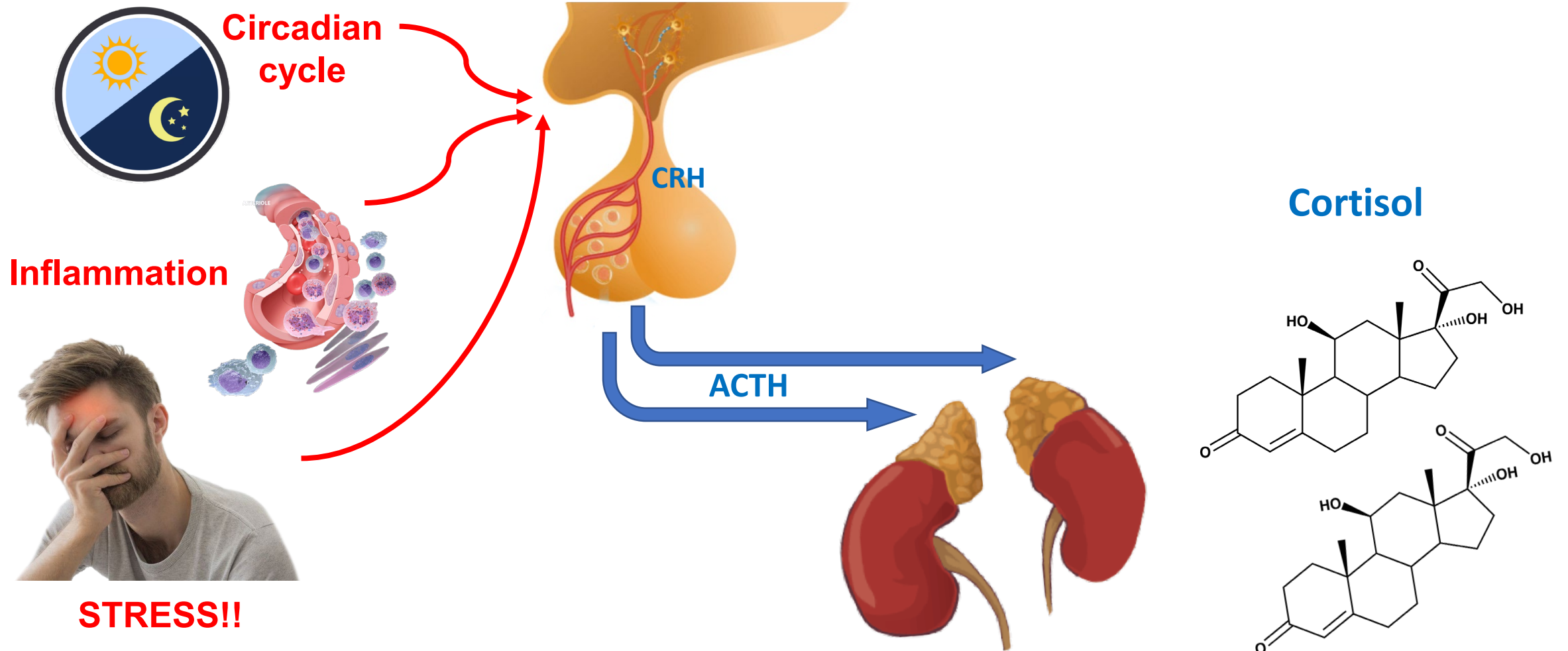
- Immunosuppressants:

- Glucocorticoids
- Cyclosporine
- Azathioprine
- Chlorambucil
- Mycophenolate mofetil
- Oclacitinib
- Bruton's tyrosine kinase inhibitor

- **Mechanism of action**

- Autoimmune dermatological uses in cats and dogs
- Adverse effects

# HPA axis and cortisol

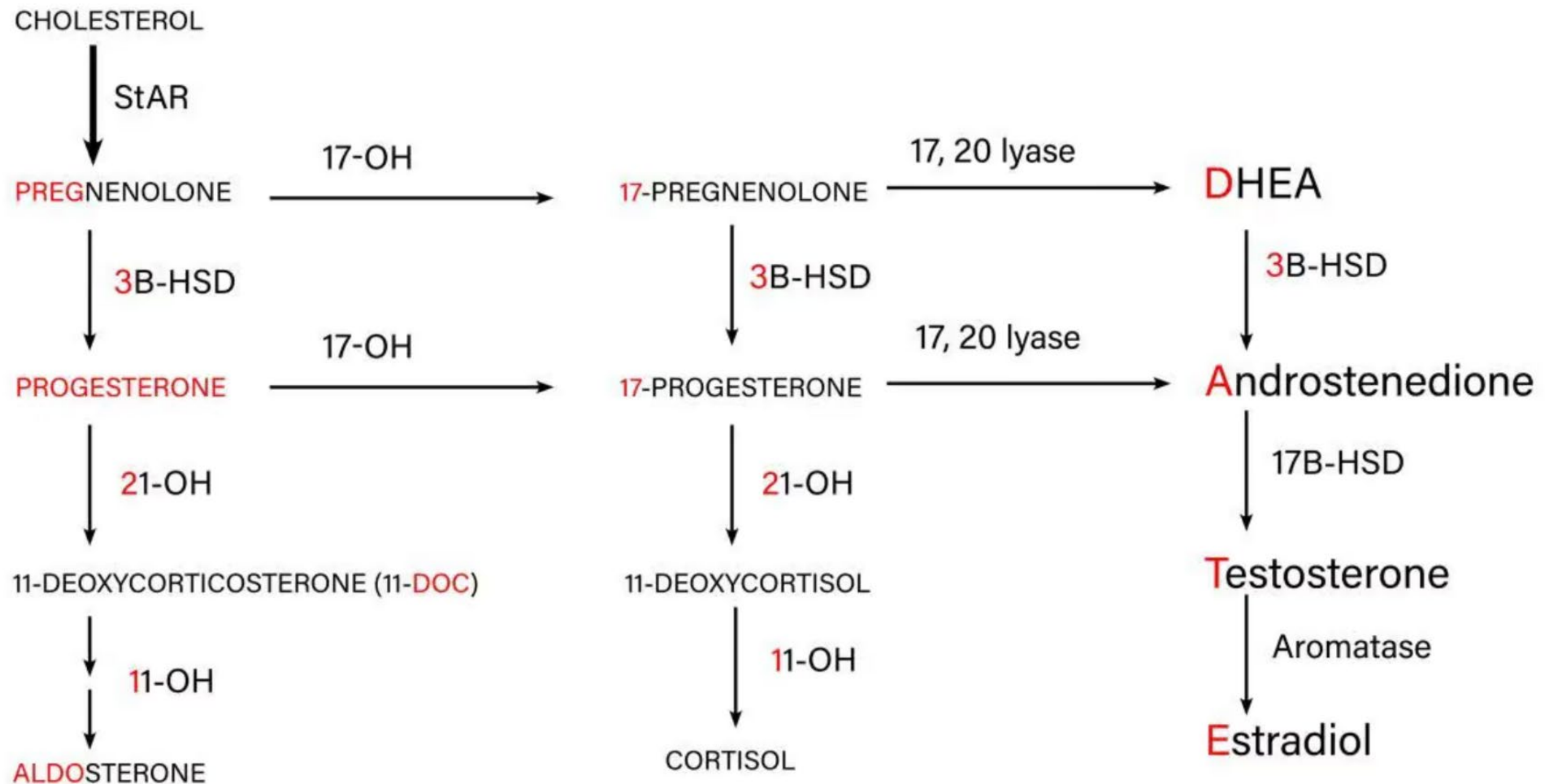


# Steroid biosynthesis pathway

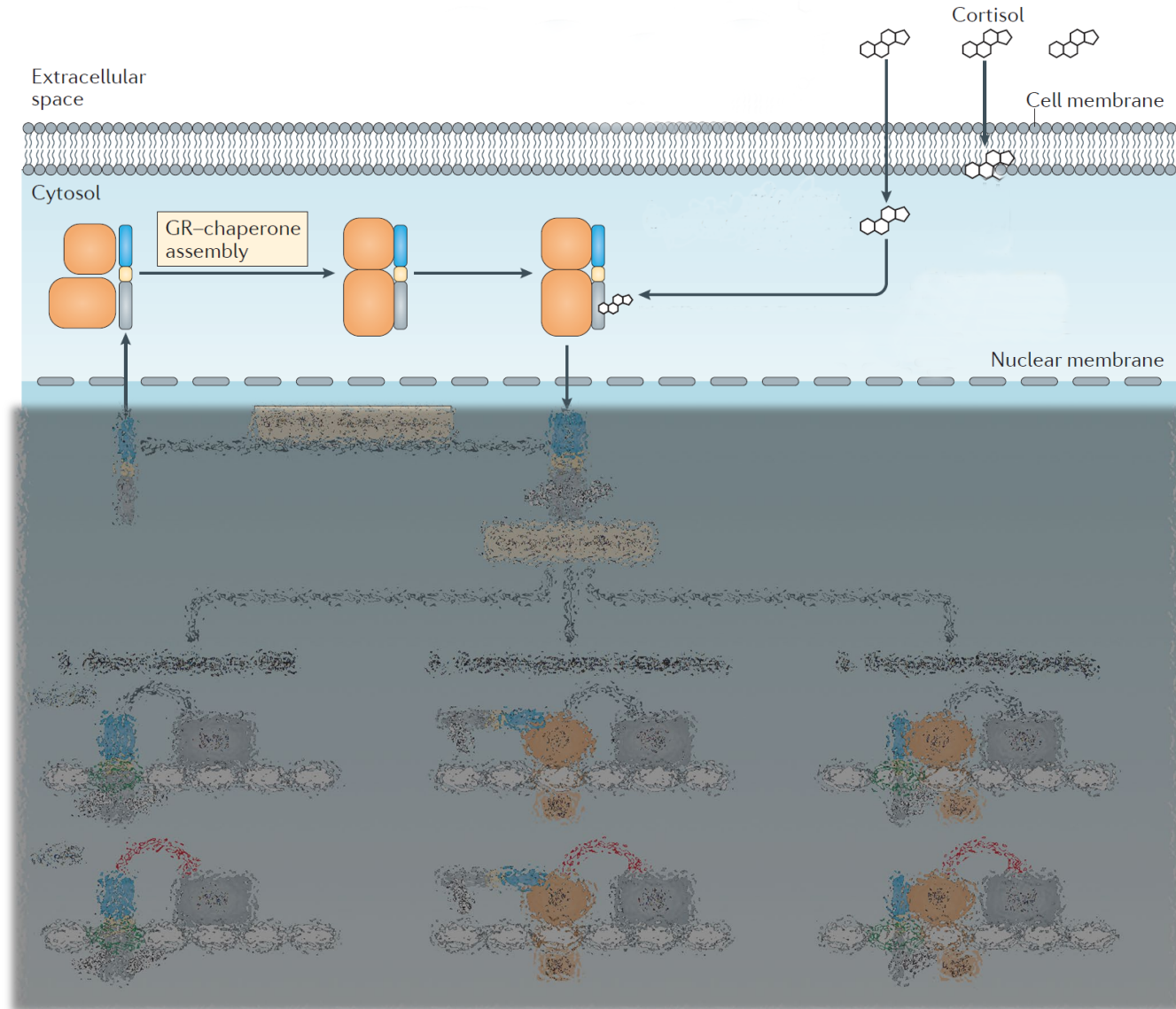
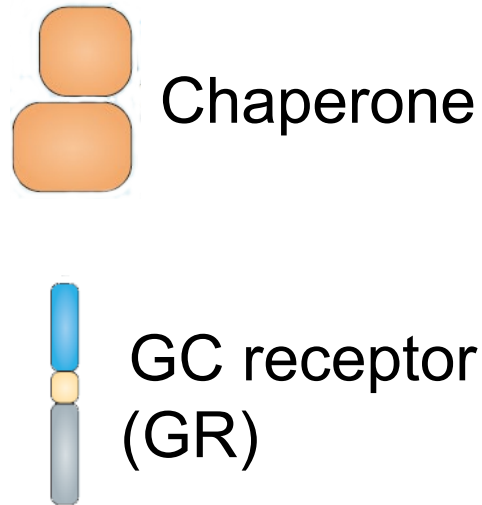
Zona Glomerulosa

Zona Fasciculata

Zona Reticularis

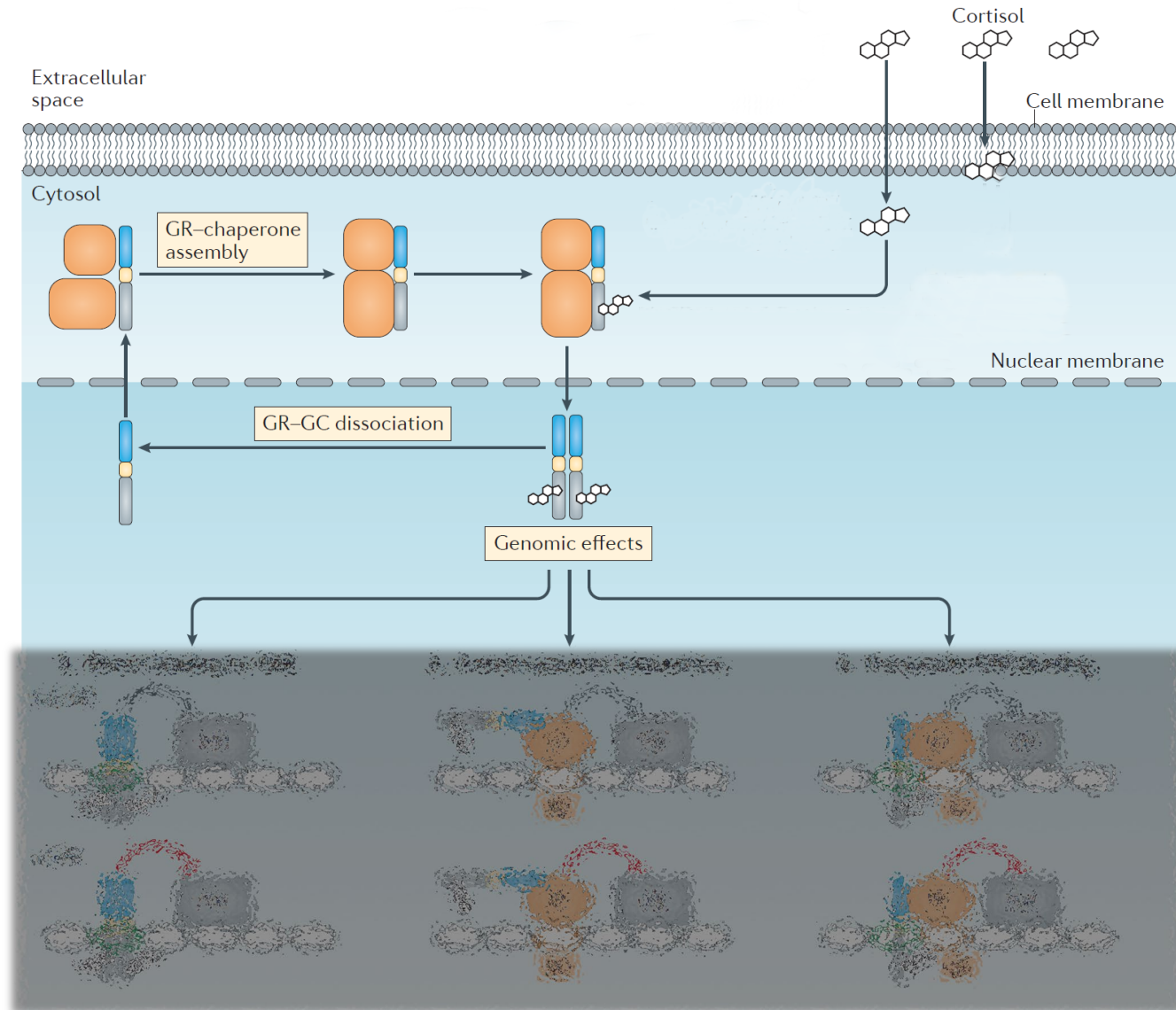
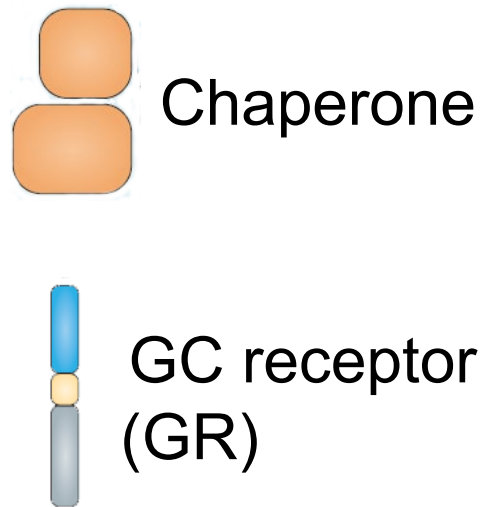


# Glucocorticoids: Mechanism of action



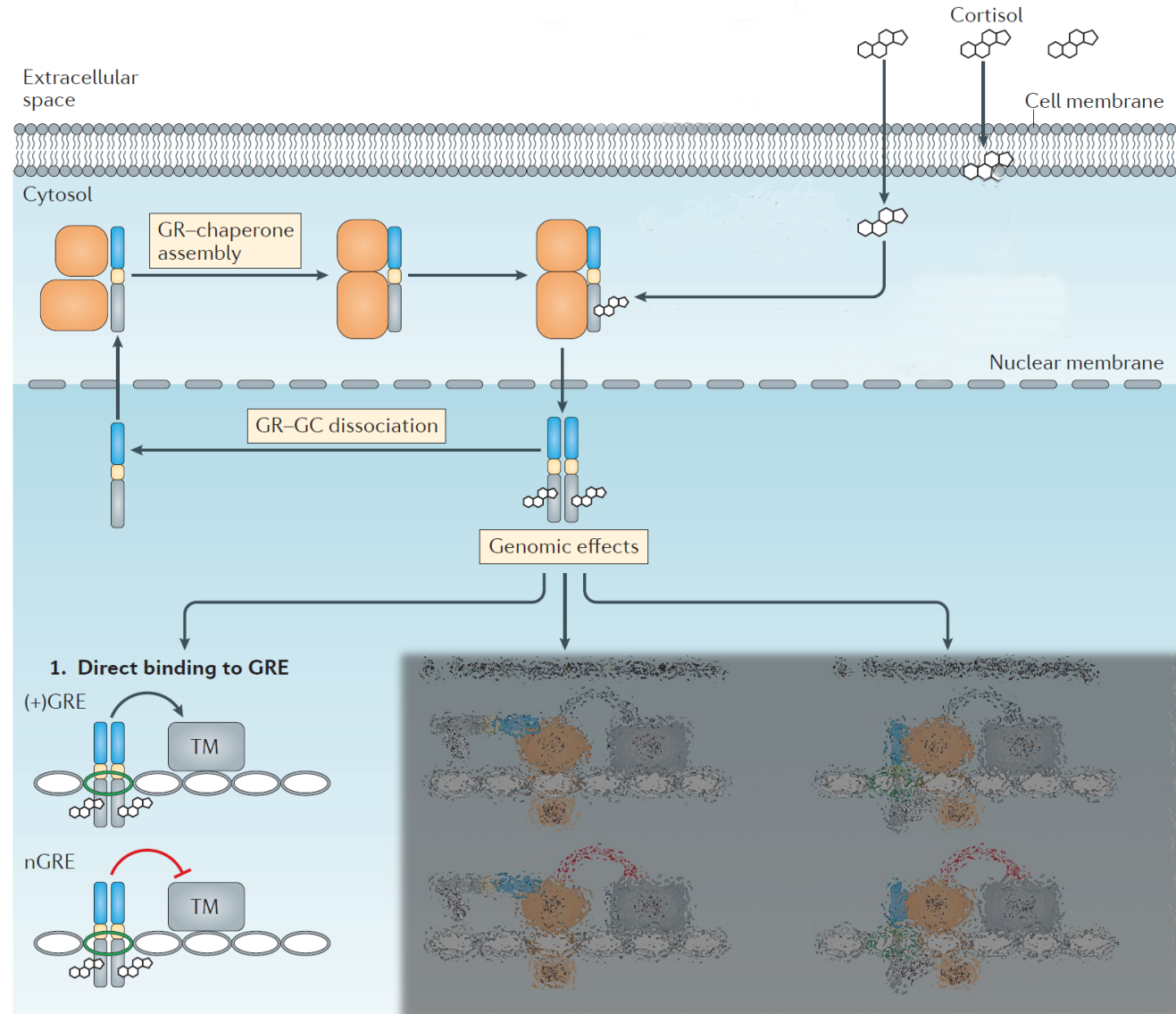
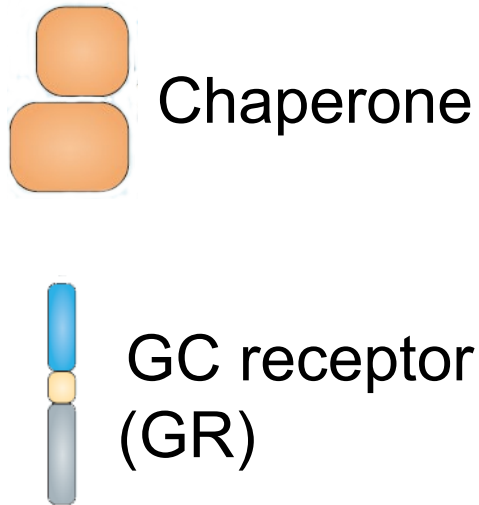
(Modified from Cain, Nature Rev Immunol 2017)

# Glucocorticoids: Mechanism of action



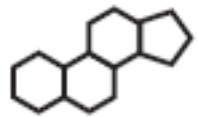
(Modified from Cain, Nature Rev Immunol 2017)

# Glucocorticoids: Mechanism of action



(Modified from Cain, Nature Rev Immunol 2017)

# Direct GRE binding



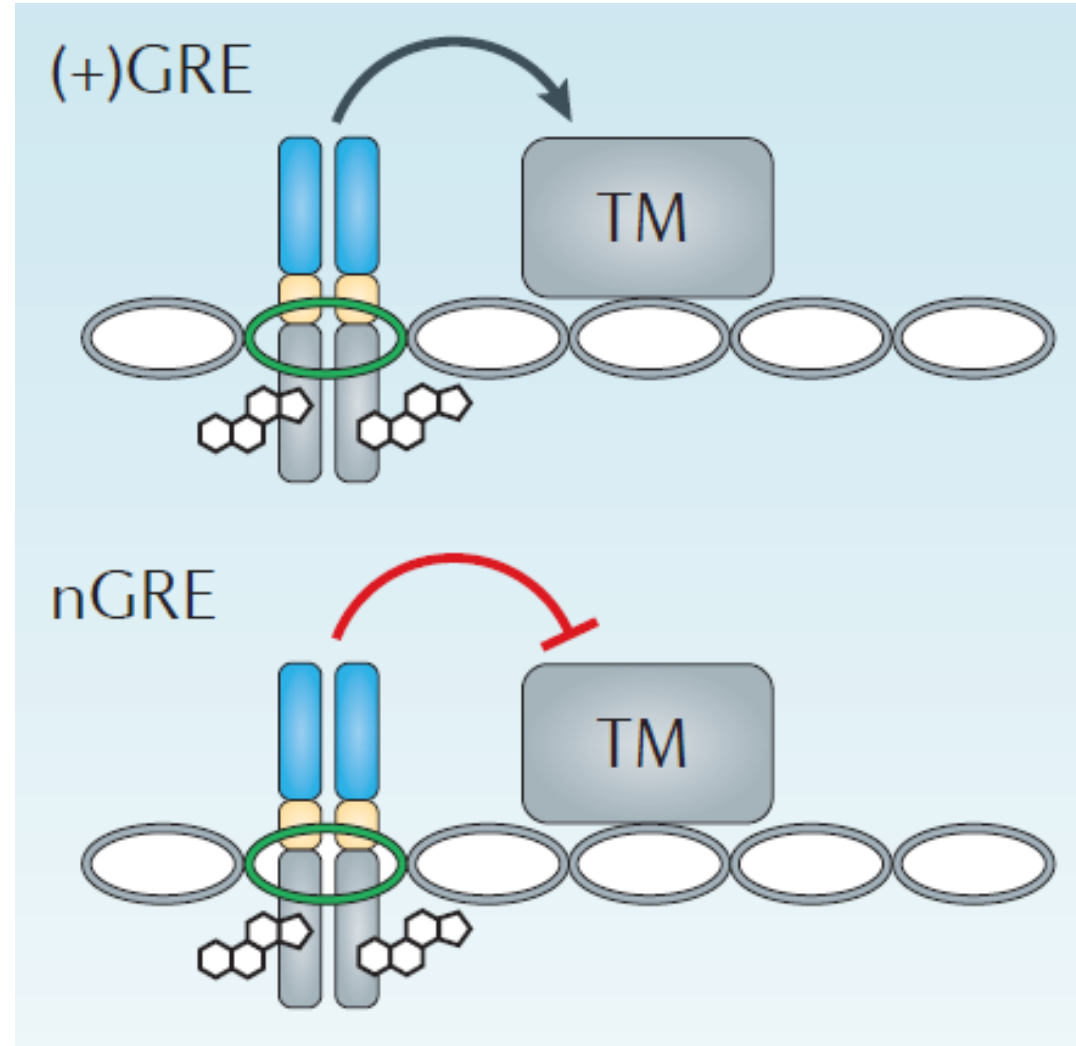
Glucocorticoid



GC receptor  
(GR)



Transcriptional  
machinery





# Direct binding to GC Receptor Element (GRE)

## + GRE

**Induces** transcription of genes that have anti-inflammatory properties:

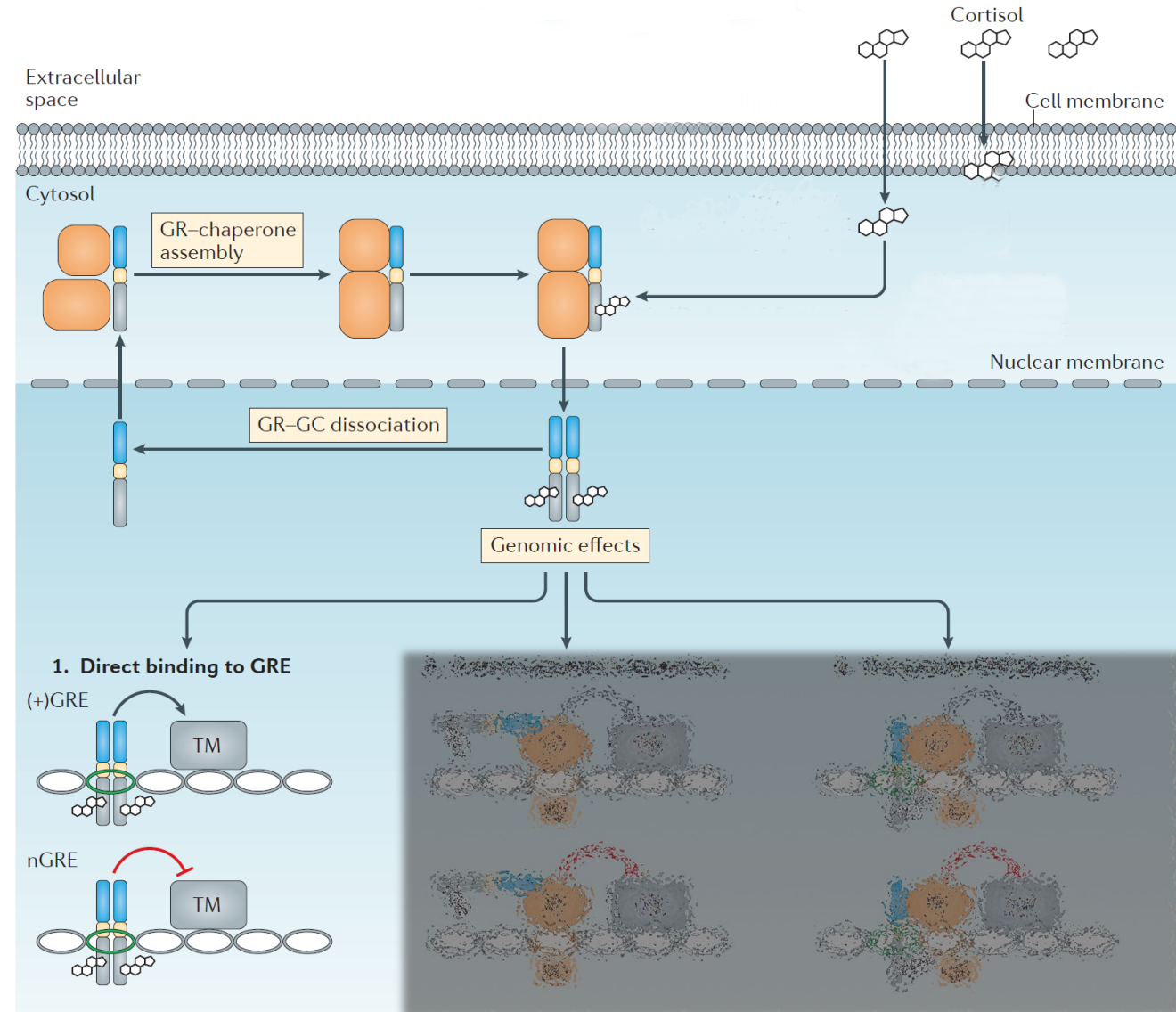
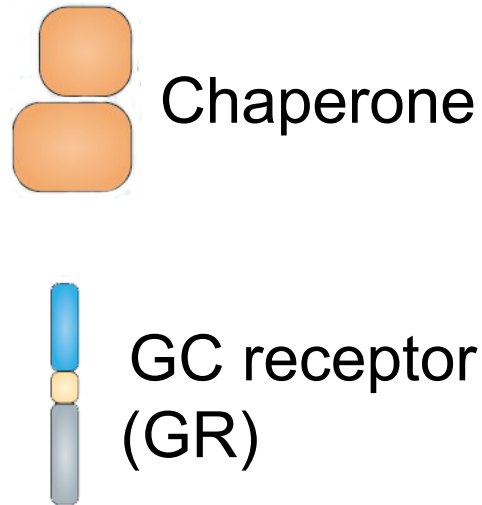
- Annexin-1
- GC-induced leucine zipper (GLIZ)  $\rightarrow$  **NF $\kappa$ B**, MAPK
- Mitogen-activated protein kinase phosphatase 1 (MPK1)

## nGRE

**Inhibits** transcription of genes:

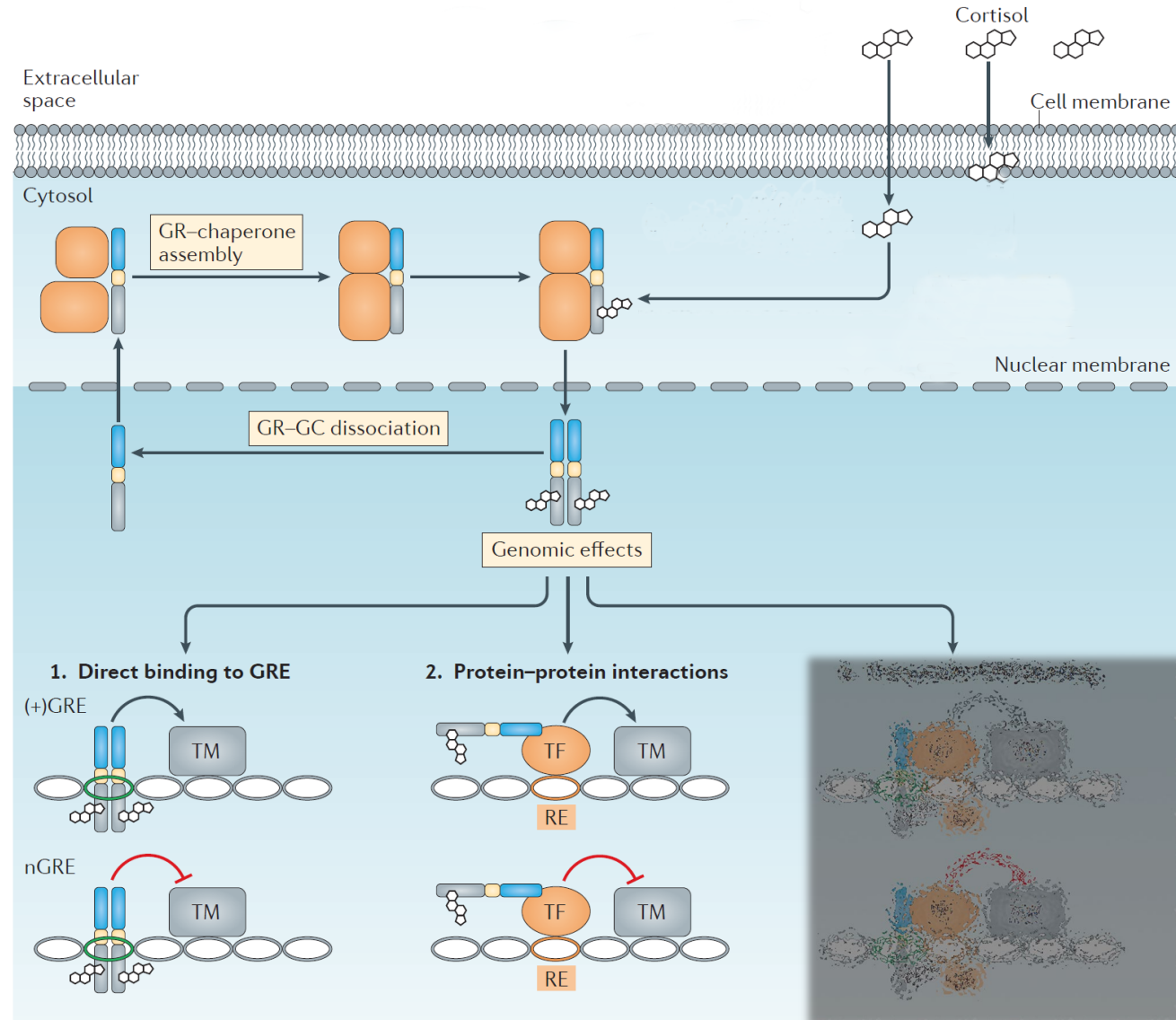
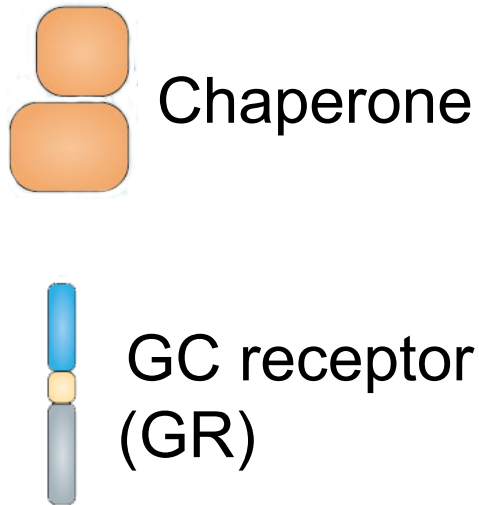
- Corticotrophin-releasing hormones (CRH)
- $\beta$ -endorphins
- Melanocyte-stimulating hormones (MSH)

# Glucocorticoids: Mechanism of action



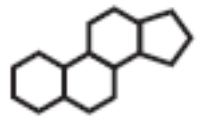
(Modified from Cain, Nature Rev Immunol 2017)

# Glucocorticoids: Mechanism of action



(Modified from Cain, Nature Rev Immunol 2017)

# Tethering



Glucocorticoid



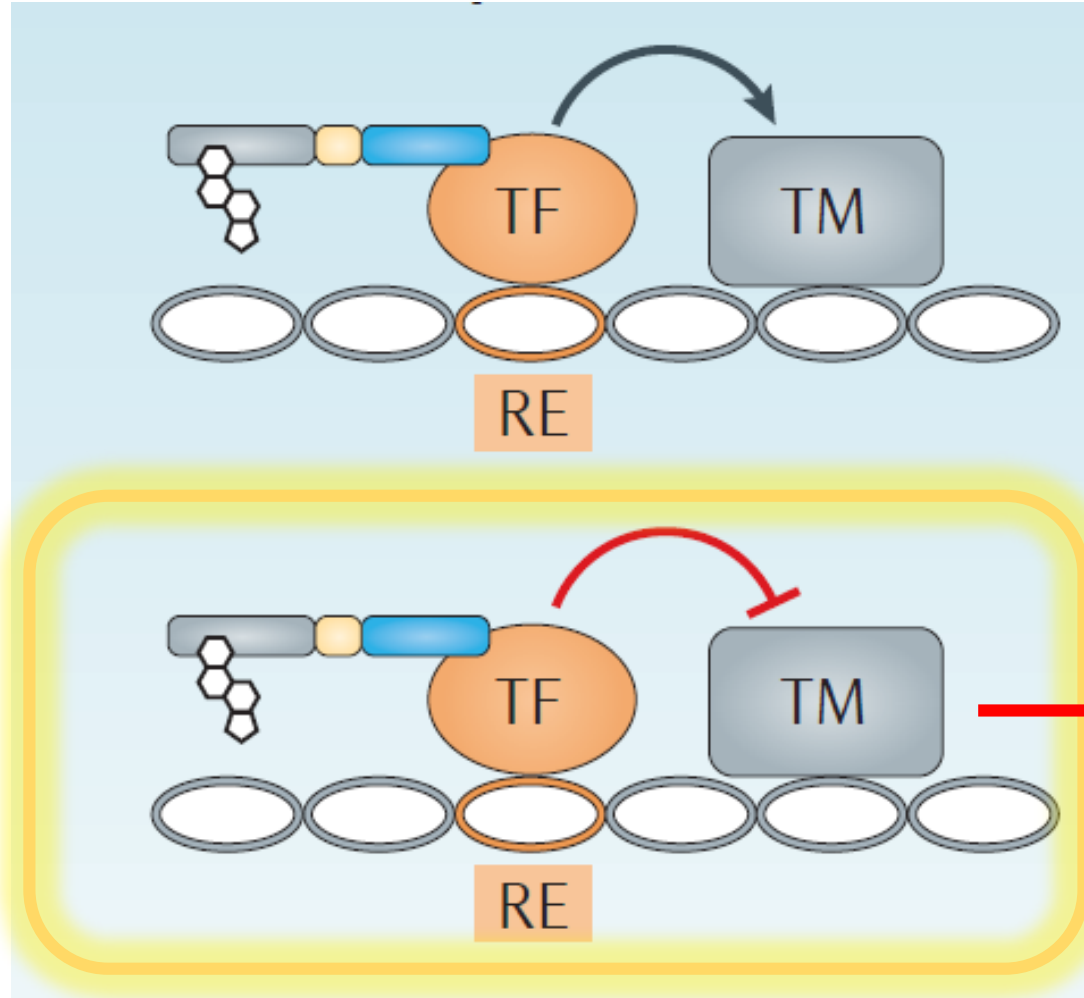
GC receptor  
(GR)



Transcription  
factor

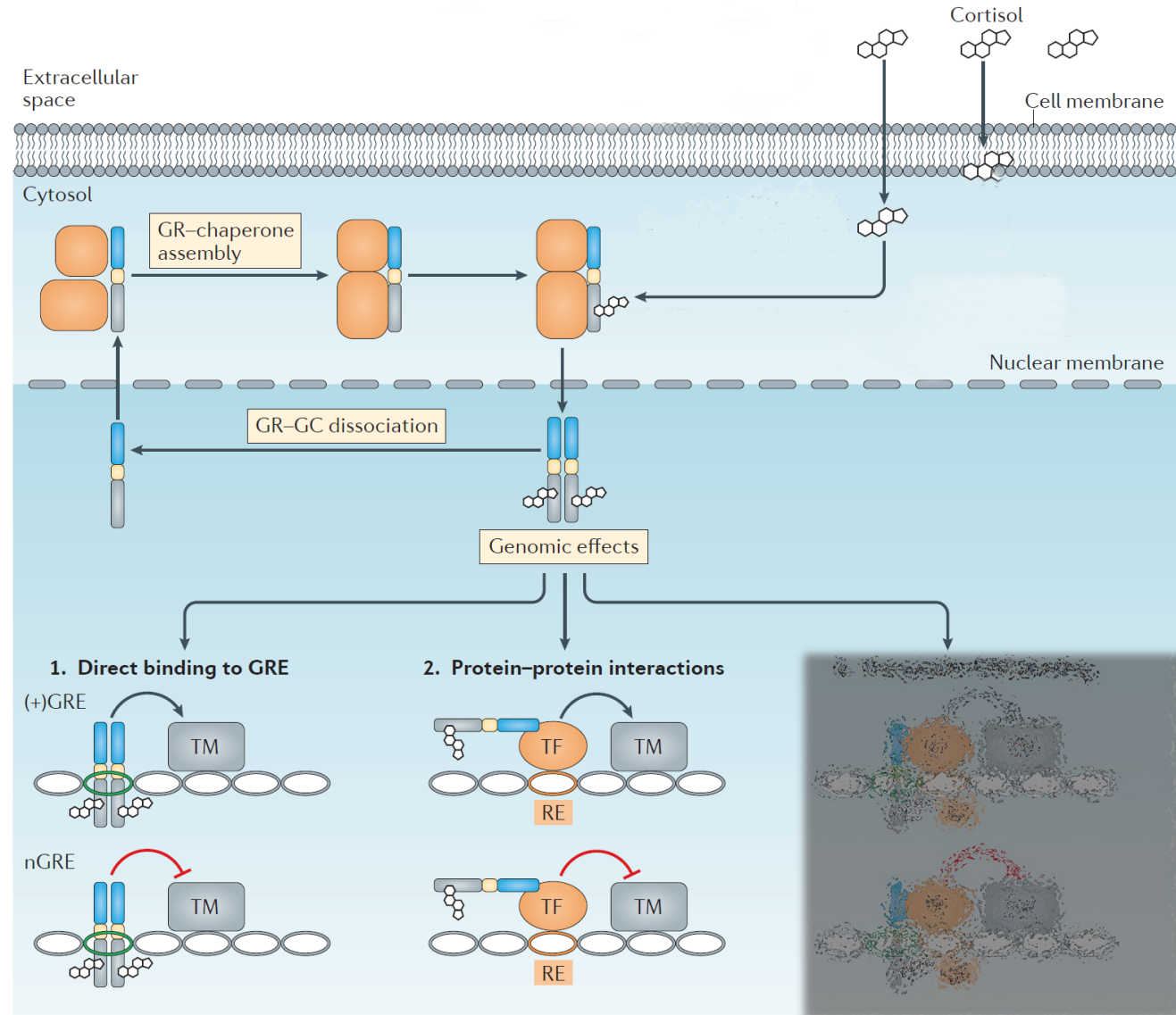
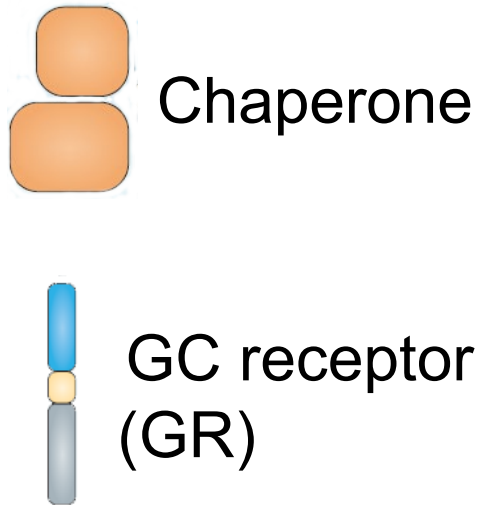


Transcriptional  
machinery



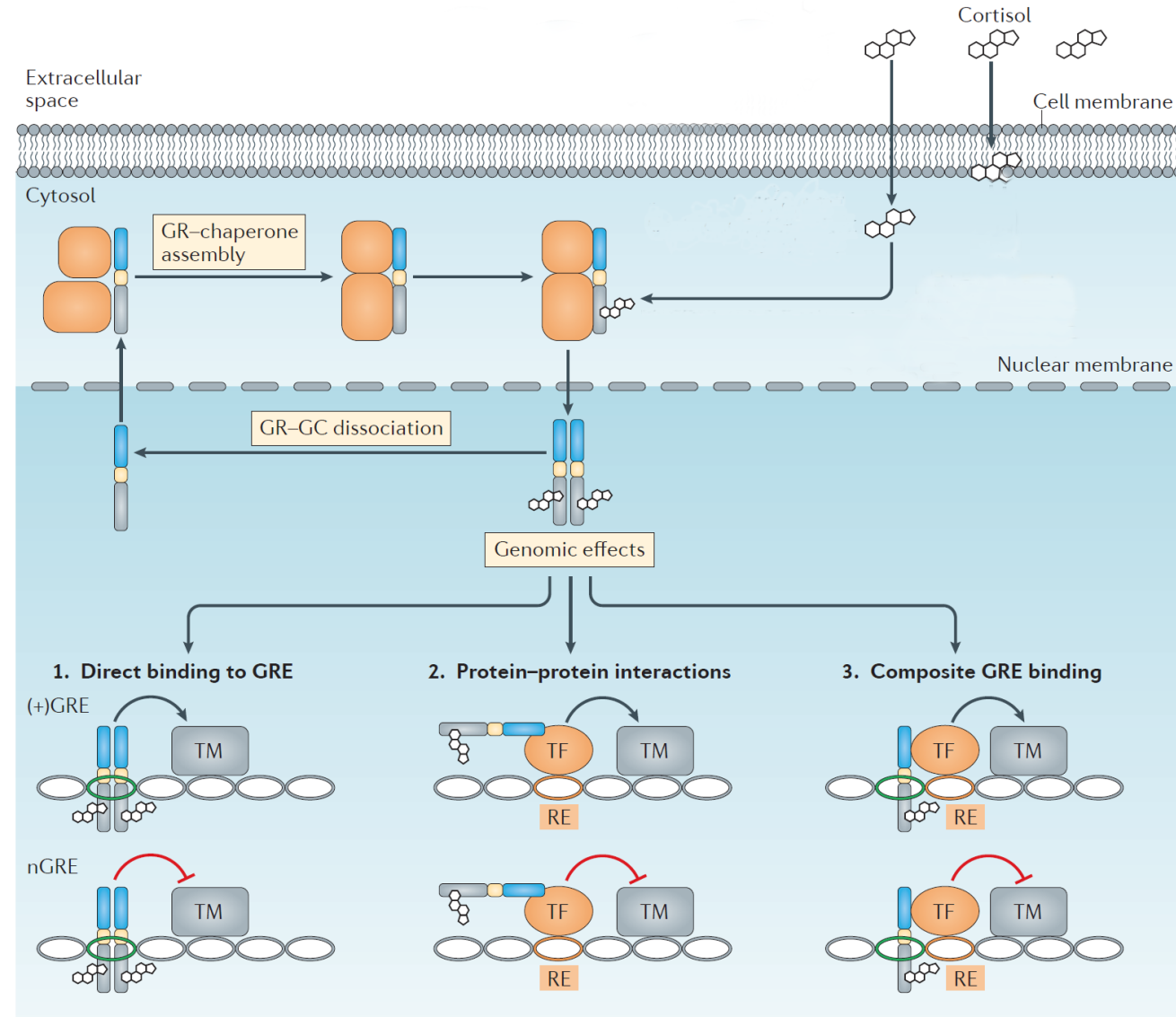
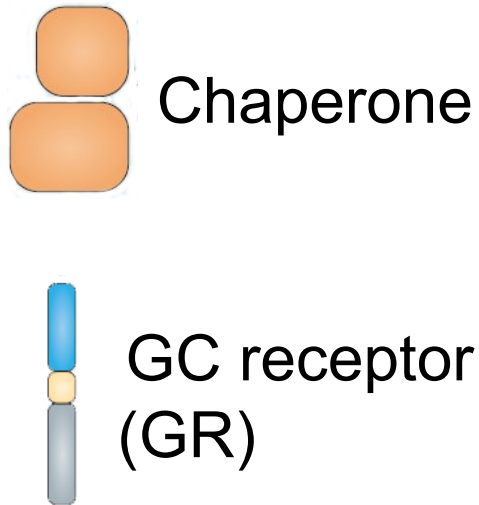
**NFκB**  
AP-1  
STAT  
NFAT

# Glucocorticoids: Mechanism of action



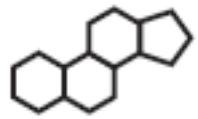
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# Glucocorticoids: Mechanism of action



(Modified from Cain, Nature Rev Immunol 2017)

# Composite binding



Glucocorticoid



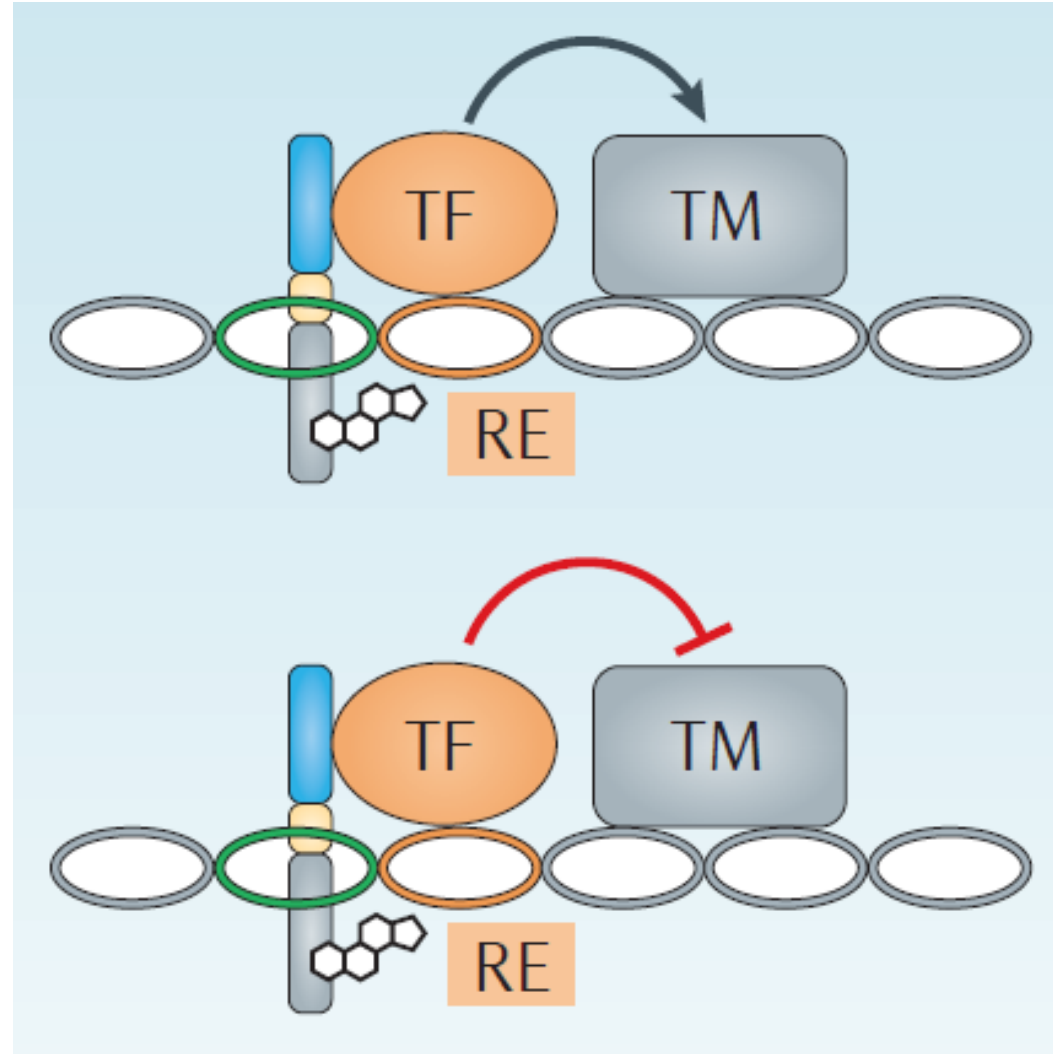
GC receptor  
(GR)



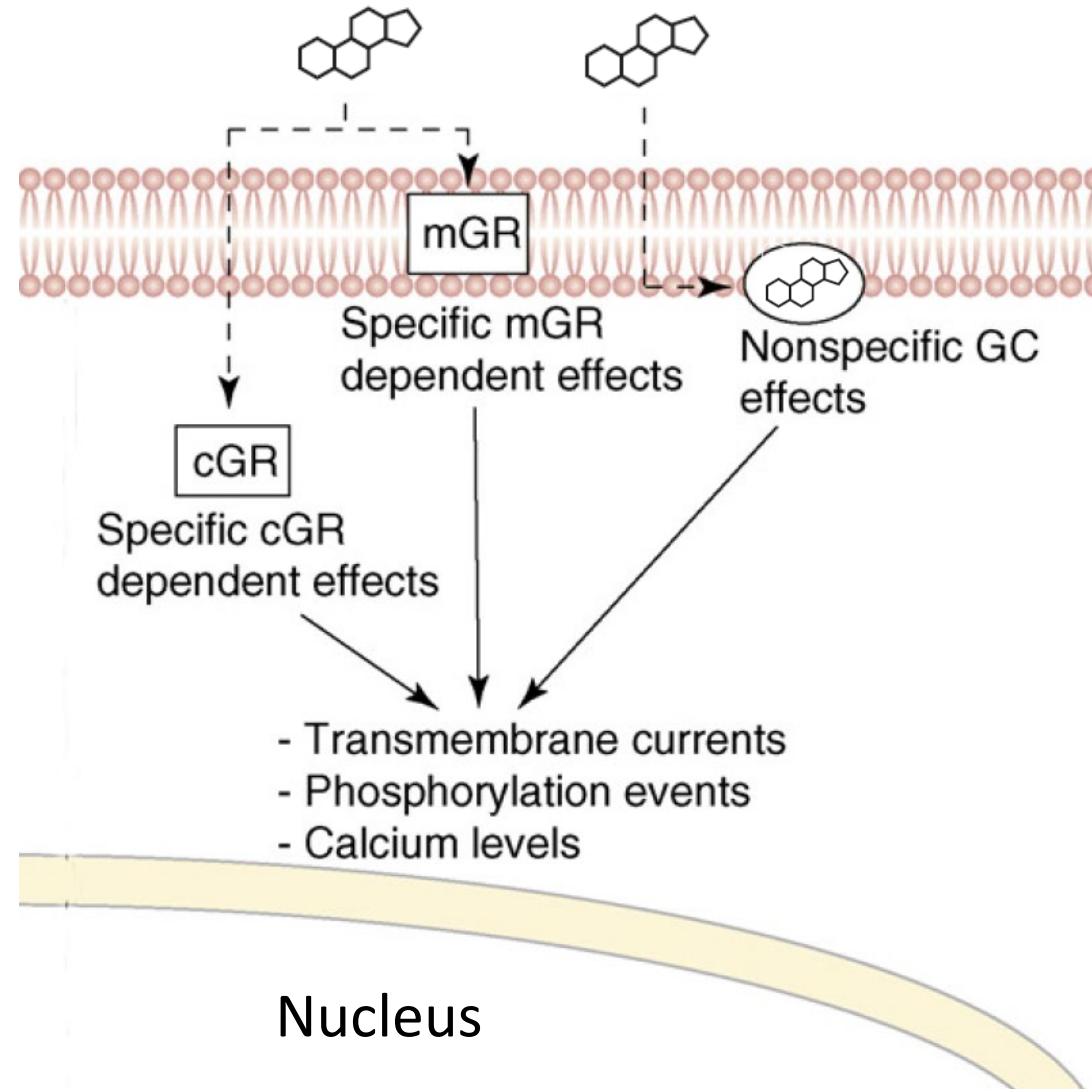
Transcription  
factor



Transcriptional  
machinery



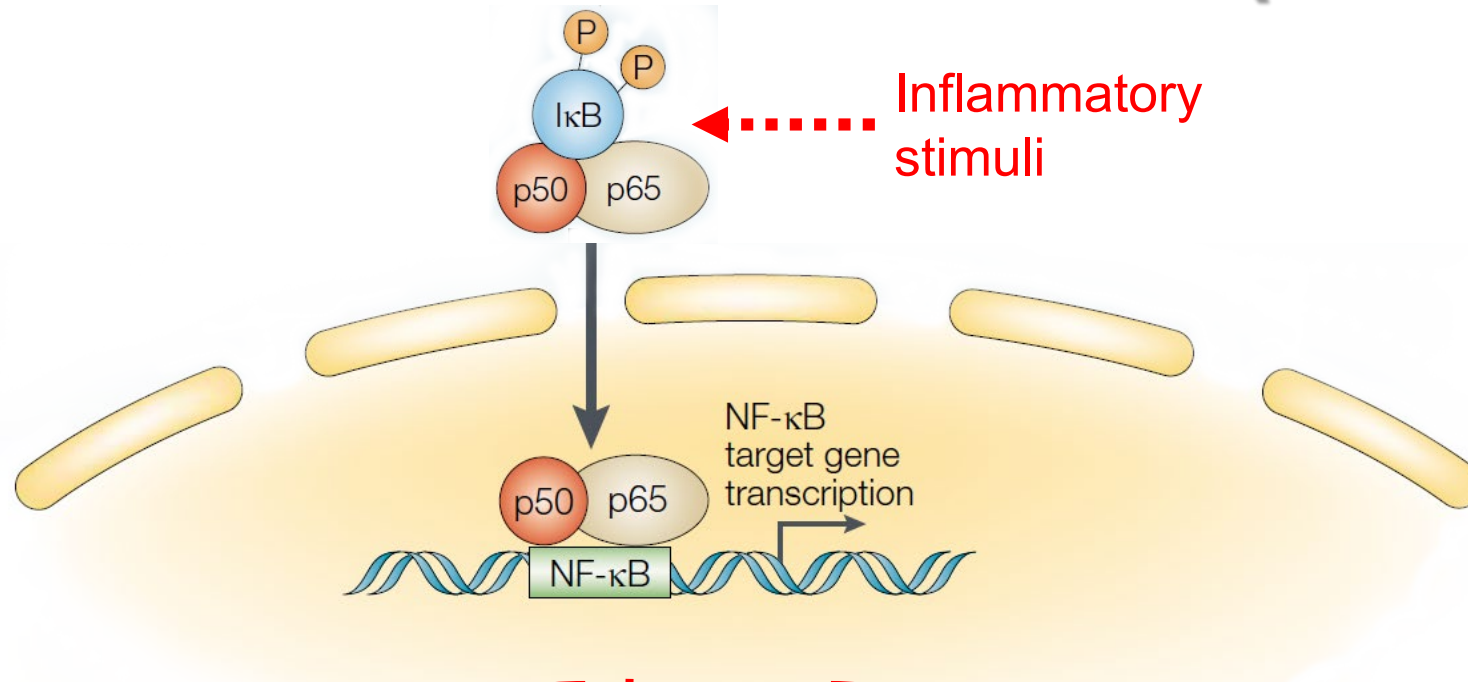
# Glucocorticoid: Nongenomic mechanism



(Modified from Lowenberg, Trends Mol Med 2007)



# Nuclear factor- $\kappa$ B (NF $\kappa$ B)



5 NF $\kappa$ B family members:

- p50
- p65
- p52
- REL
- RELB

Pro-inflammatory cytokines and chemokines (TNF, IL1, IL6, CXCL8)

Anti-apoptosis proteins (BCL-2)

Lymphocyte survival & activation

Adhesion molecules (ICAM1, VCAM1)

 NF $\kappa$ B inhibitor

# Glucocorticoid (GC)

## Dermatological uses

- Pemphigus foliaceus (PF), autoimmune subepidermal blistering dermatoses (AISBD), cutaneous lupus erythematosus, pemphigus vulgaris (PV), uveodermatological syndrome (UDS)
- Oral GC pulse therapy in canine PF (Bizikova, *Vet Dermatol* 2015):
  - Higher proportions of CR in the first 3 months
  - Lower average maximal GC use
- Oral GC monotherapy: most common drug at the time of disease control in feline PF (Bizikova, *BMC Vet Res* 2019)
- Higher doses of oral GC +/- immunosuppressants needed for PV and canine UDS (Tham, *BMC Vet Res* 2020)

# Glucocorticoid Adverse effects

- Wide distribution of GR in all nucleated cells
- iatrogenic hyperadrenocorticism
- gastrointestinal ulceration
- cutaneous atrophy
- diabetes mellitus due to insulin resistance
- opportunistic infections
- delayed wound healing

# Clinicopathologic, hemodynamic, and echocardiographic effects of short-term oral administration of anti-inflammatory doses of prednisolone to systemically normal cats

Am J Vet Res 2019

**Imal A. Khelik** BS

**Darren J. Berger** DVM

**Jonathan P. Mochel** DVM, PhD

**Yeon-Jung Seo** PhD

**Jean-Sébastien Palerme** DVM, MS

**Wendy A. Ware** DVM, MS

**Jessica L. Ward** DVM, MS

## OBJECTIVE

To evaluate the clinicopathologic, hemodynamic, and echocardiographic effects of short-term administration of anti-inflammatory dosages of prednisolone to systemically normal cats.

## ANIMALS

10 cats with allergic dermatitis and 10 healthy control cats.

## PROCEDURES

Cats with allergic dermatitis were randomly allocated to 2 groups and received 2 dosages of prednisolone (1 and 2 mg/kg/d, PO, for 7 days) in

- the anti-inflammatory dose of oral prednisolone (1-2mg/kg/day) given to healthy cats with allergic dermatitis for 14 days did not result in significant hemodynamic and echocardiographic changes
- But is that true for immunosuppressive doses??

# Cyclosporine (CsA)

- Derived from the soil fungus *Beauveria nivea*
- Ultramicronized (microemulsified) preparation, in which absorption is more consistent and predictable.

When poll is active, respond at [pollev.com/bentham388](https://pollev.com/bentham388)

Text **BENTHAM388** to **22333** once to join

**Generic modified cyclosporine achieved \_\_\_\_\_ blood concentrations at 1 hour post-administration than Atopica after a single oral administration in normal healthy dogs.**

A lower

B higher

C similar

D I don't know

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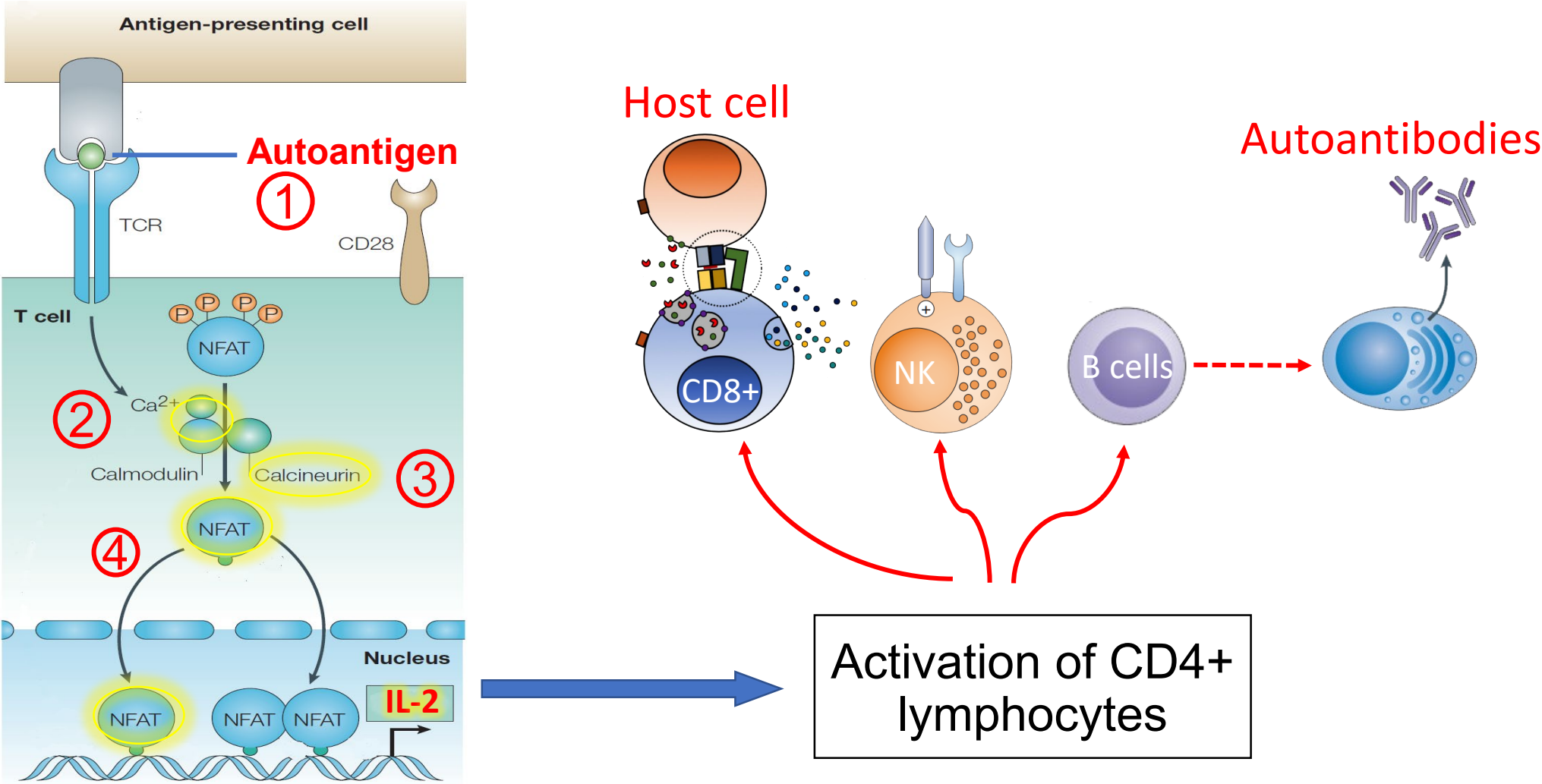
ORIGINAL ARTICLE

# Comparison of whole blood concentrations of oral human generic modified ciclosporin capsules with microemulsified ciclosporin capsules approved for canine atopic dermatitis following a single oral administration to healthy dogs

Cheryl Vargo | Michaela Austel | Frane Banovic 

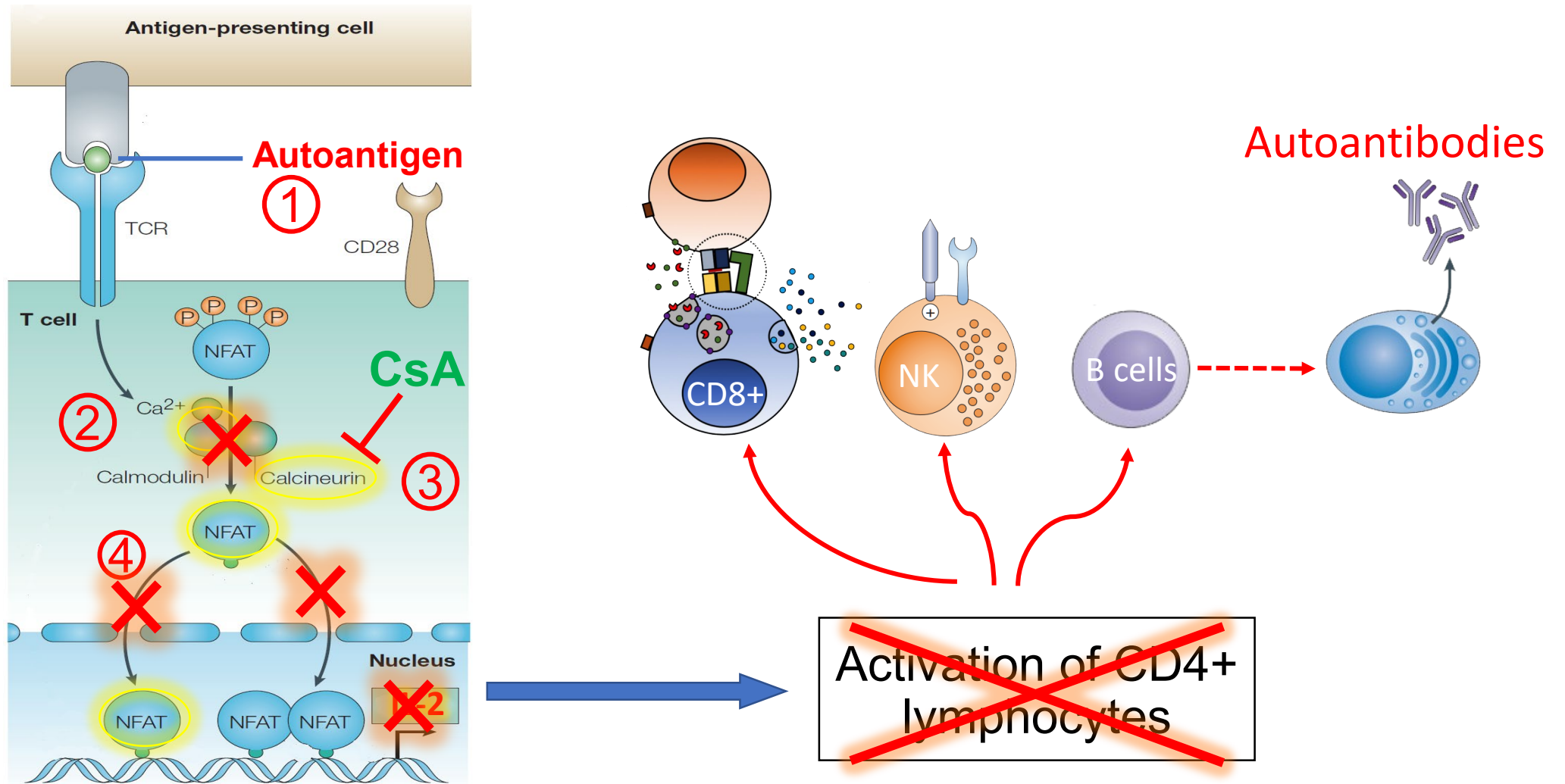
- 1 hour post-administration CsA blood concentration: generic > Atopica
- 1.5 hour post administration: no significant difference
- **Need Cmax and AUC to determine bioequivalence (PK studies)**

# Nuclear factor of activated T cell (NFAT)



(Modified from Macian, Nature Rev Immunol 2005)

# Cyclosporine (CsA): Mechanism of action



(Modified from Macian, Nature Rev Immunol 2005)

# Cyclosporine

## Dermatological uses

- Pemphigus foliaceus
- Cutaneous lupus erythematosus
- Pemphigus vulgaris
- Uveodermatological syndrome
- Canine immune-mediated perianal fistula
- Sebaceous adenitis
- Ischemic dermatopathies

# Cyclosporine: Adverse effects

Table 2: Top 10 adverse clinical signs associated with ciclosporin treatment in dogs reported to pharmacovigilance between September 2002 and March 2012

Adverse clinical signs	Absolute incidence*
All suspected adverse events	71.81
Vomiting	27.57
Diarrhoea	13.46
Lethargy	9.58
Abnormal test result†	8.59
Pruritus	7.80
Anorexia	6.65
Hyperactivity	3.22
Gingival disorder	2.98
Tachypnoea	2.96
Polydipsia	2.58

\* Number of dogs affected/1 million capsules sold

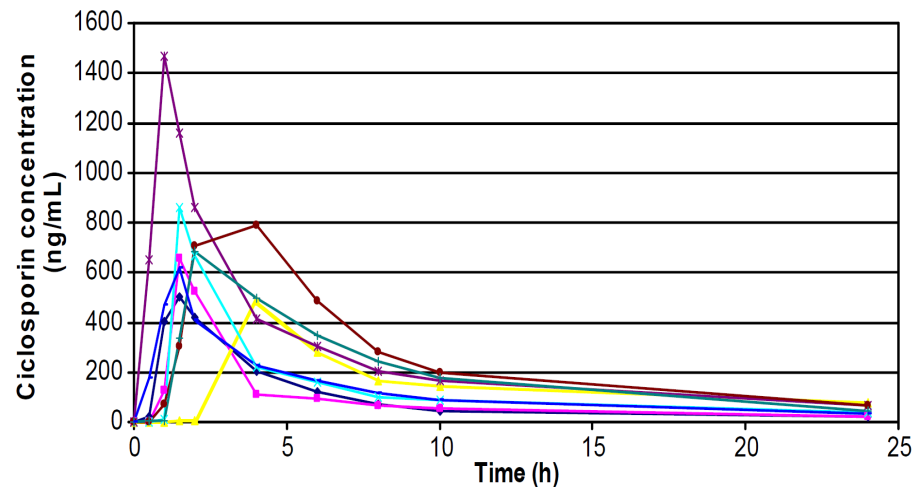
† Includes various clinical pathology values outside of their normal range

(Nuttall, Vet Record 2014)

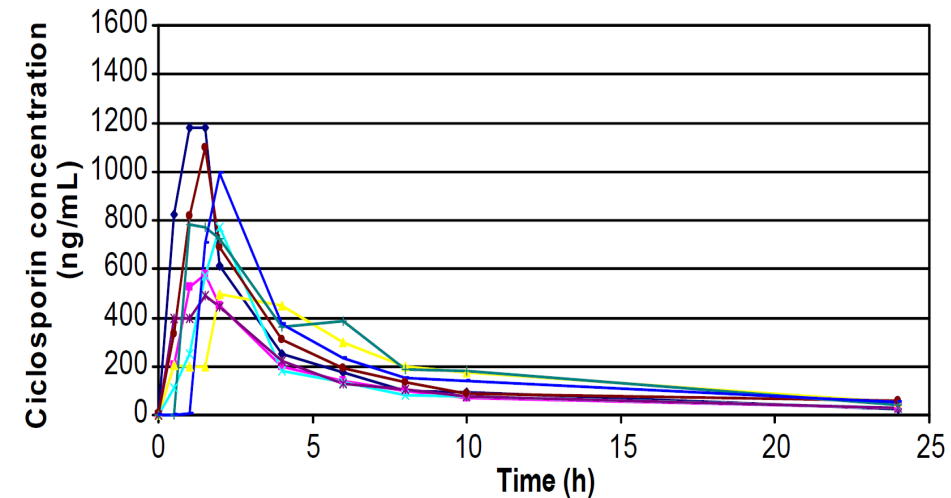
# Stability and pharmacokinetics of modified cyclosporine stored at -20°C

Blinded, randomized cross-over study

8 healthy dogs, room temp/frozen CsA 5mg/mg once



Room Temperature



-20°C

Stability and absorption of modified CsA not affected by freezing

(Bachtel, Vet Dermatol 2015)

# Cyclosporine

## Adverse effects

- Vomiting and diarrhea most common
- Gingival hyperplasia

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## Which of the following is one of the proposed pathogenesis of CsA-induced gingival hyperplasia?

A Reduction in the secretion of TGF

B Downregulation of salivary IL-6 and IL-8

C Increase in the expression of BAX/BCL2 ratio

D Inhibition of the secretion of matrix proteases



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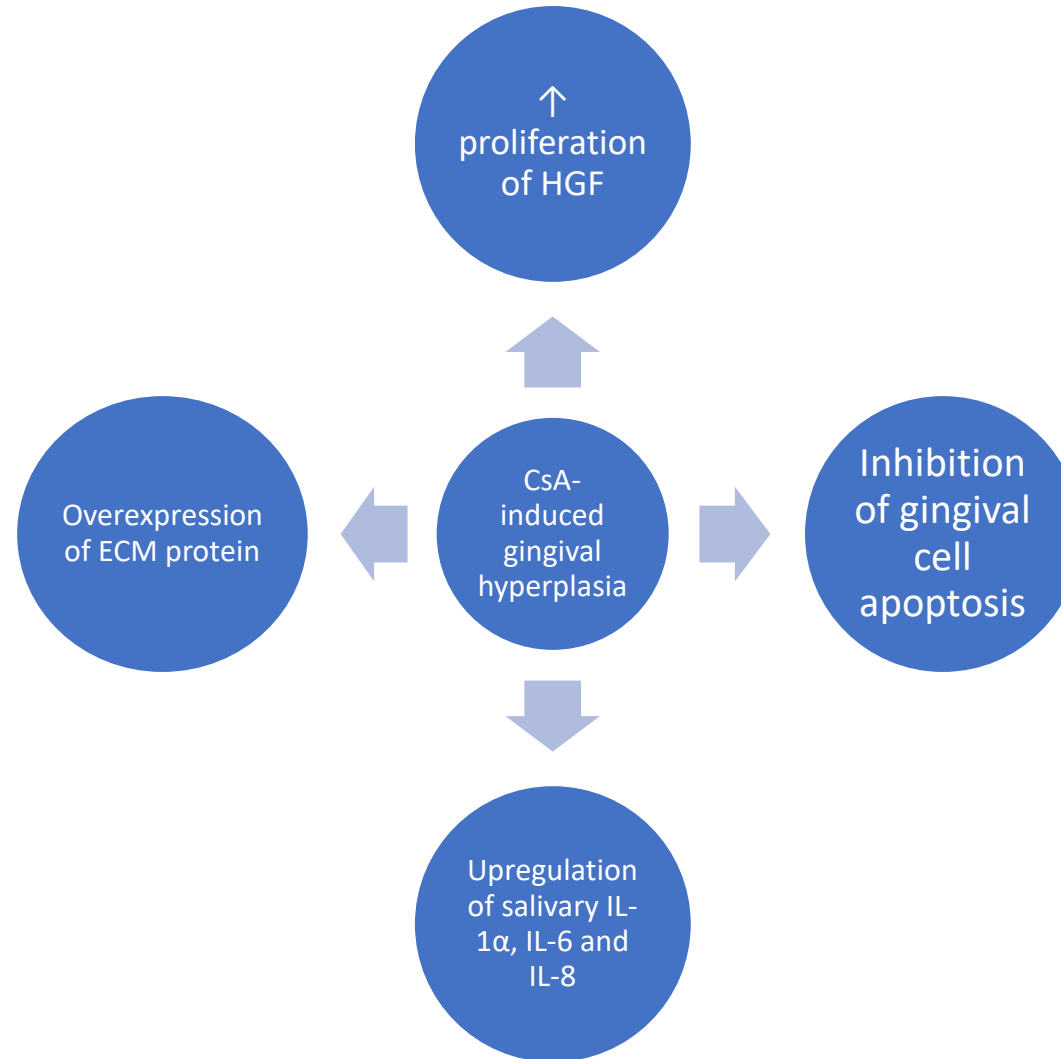
A Reduction in the secretion of TGF

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# Cyclosporine & Gingival Hyperplasia



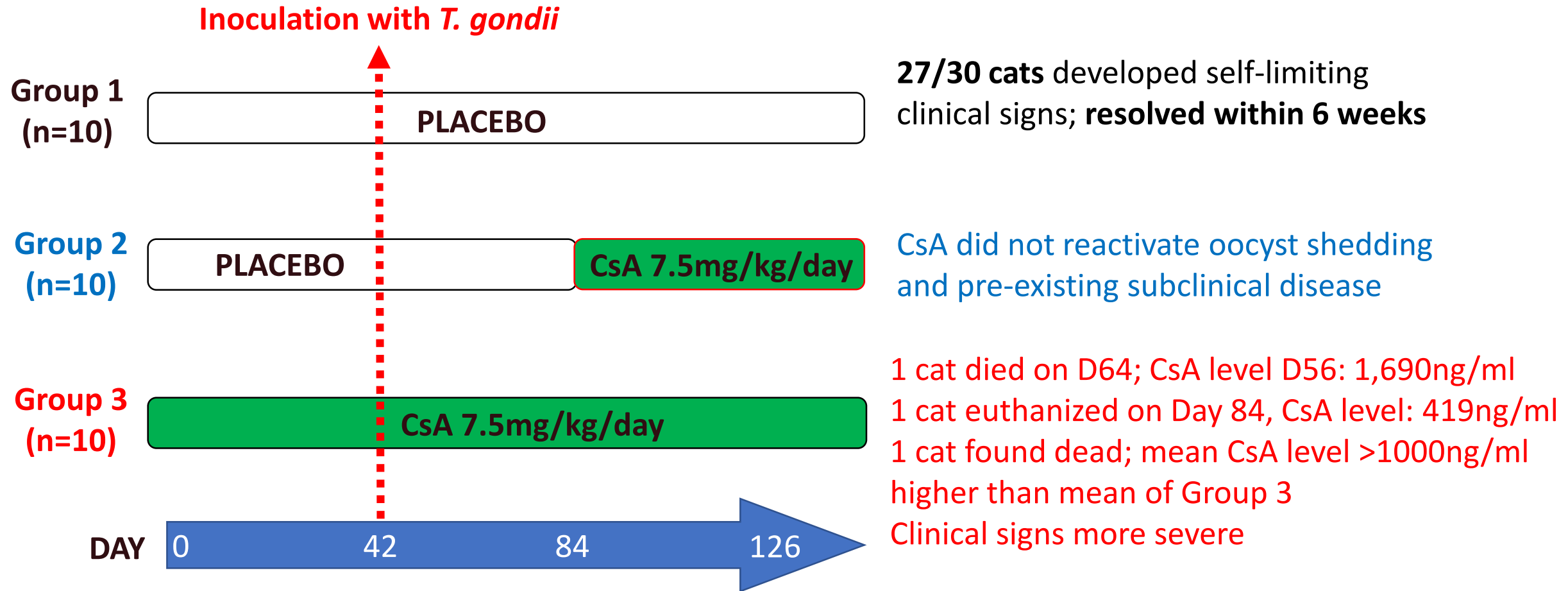
(Chojnacka-Purpurowicz, Dermatol Ther 2022)

# Cyclosporine

## Adverse effects

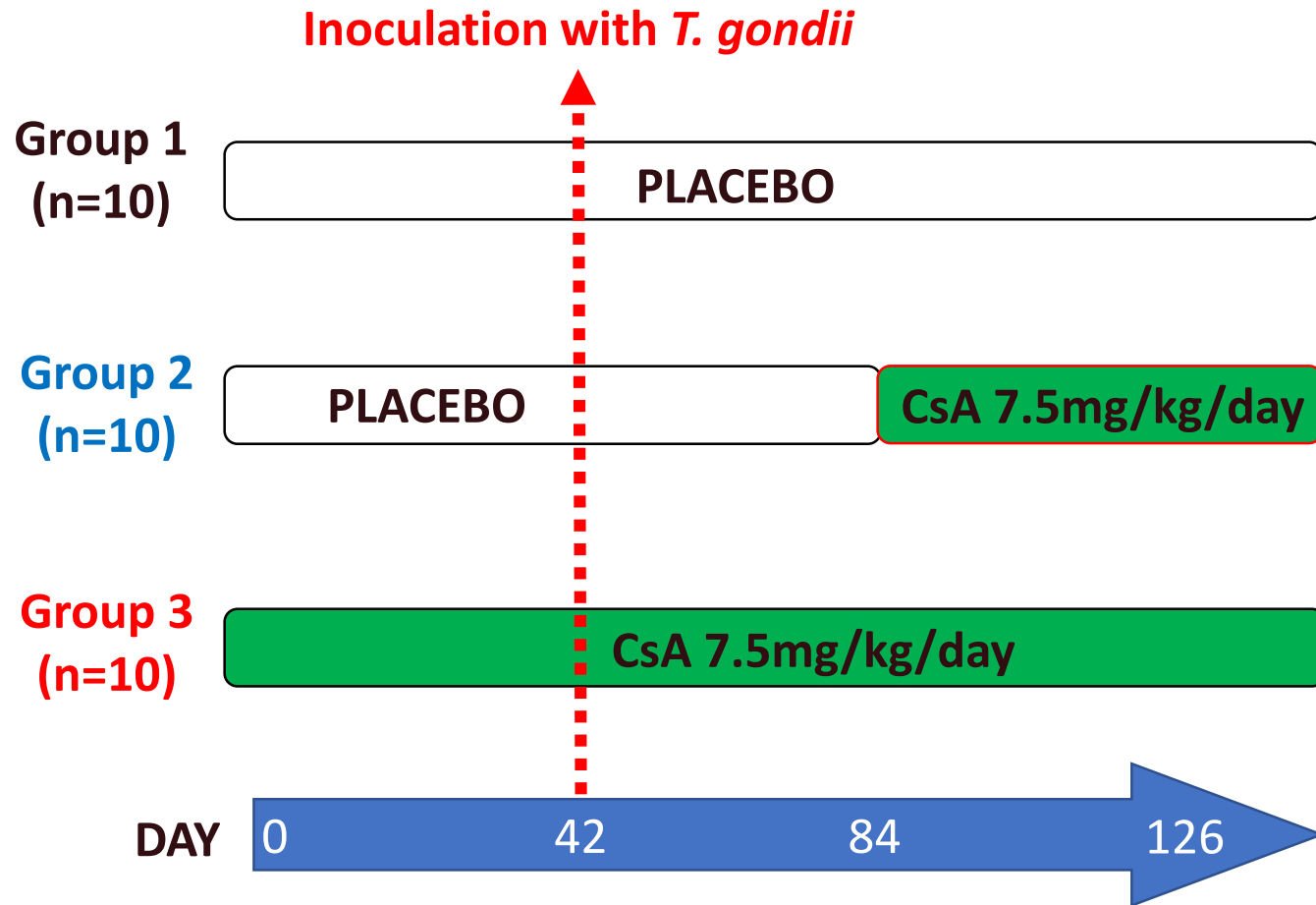
- Vomiting and diarrhea most common
- Gingival hyperplasia
- Cutaneous papillomatosis
- Hypertrichosis
- Psoriasiform-lichenoid dermatitis
- Opportunistic infections (especially when given with oral GC)
  - bacterial (*Nocardia spp*, *Burkholderia cepacian* complex)
  - fungal (*Alternaria spp*, *Curvularia spp*, *Aspergillus spp.*)

# Effects of oral CsA on *Toxoplasma gondii* infection status of cats



(Lappin, Am J Vet Res 2014)

# Effects of oral CsA on *Toxoplasma gondii* infection status of cats



## Conclusions:

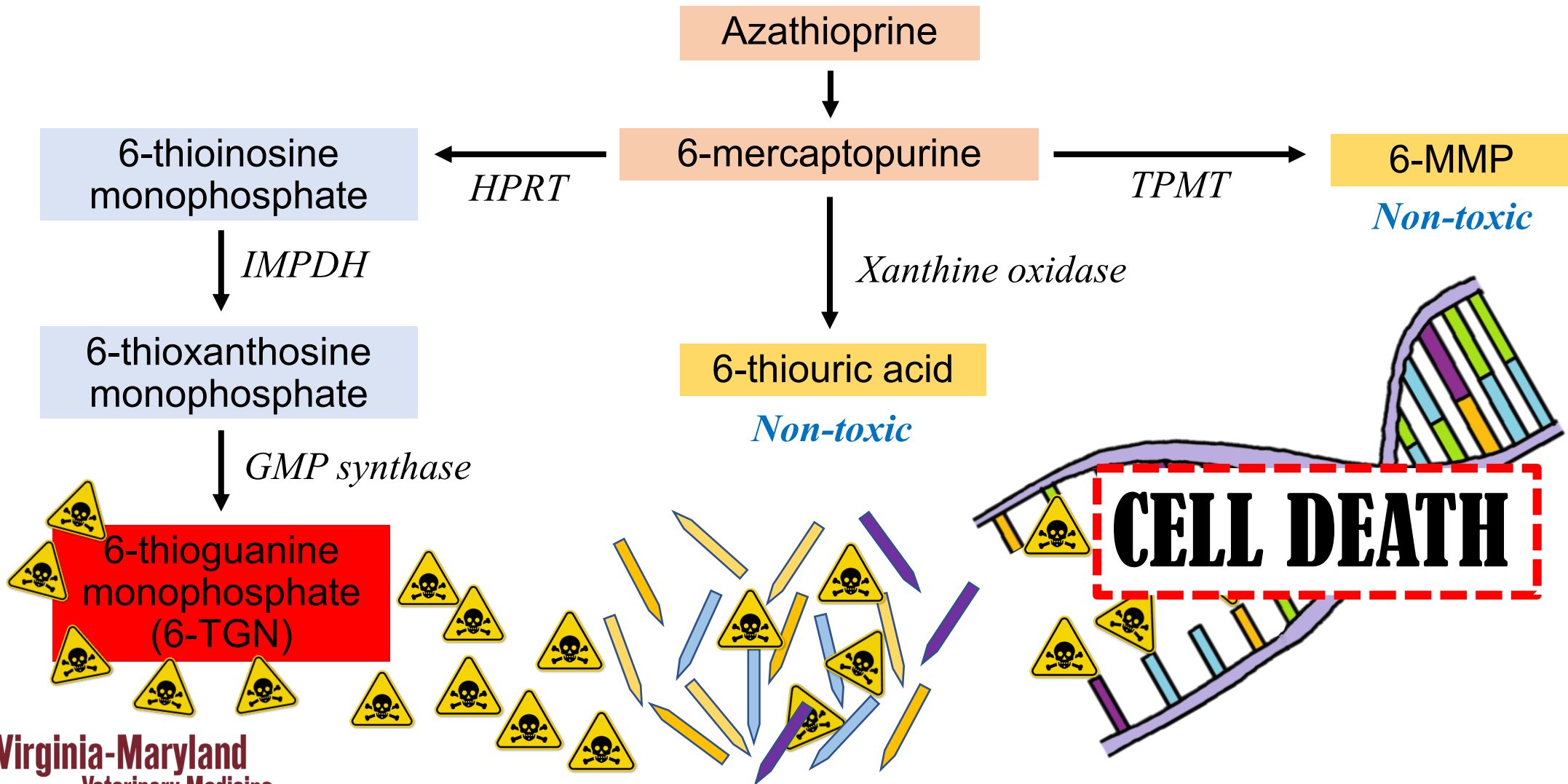
- More severe signs in naïve cats receiving CsA
- Naïve cats may be at risk of developing clinical toxoplasmosis while on CsA
- Treatment with CsA did not reactivate oocyst shedding or pre-existing subclinical disease
- **Avoid hunting and raw food to reduce risk**

(Lappin, Am J Vet Res 2014)

# Azathioprine (AZA)

- Prodrug of 6-mercaptopurine (6-MP)
- Interferes with nucleotide synthesis

# Azathioprine (AZA) Mechanism of action





# Azathioprine

## Dermatological uses

- Steroid-sparing immunosuppressant
- PF, UDS, PV, VCLE, immune-mediated perianal fistula and symmetrical lupoid onychodystrophy
- AZA + oral GC combination most commonly used at time of disease control for:
  - Canine pemphigus foliaceus (Mueller, *JAAHA* 2006)
  - Uveodermatological syndrome (Tham, *BMC Vet Res* 2019)
  - Pemphigus vulgaris (Tham, *BMC Vet Res* 2020)

# Azathioprine

## *Adverse effects*

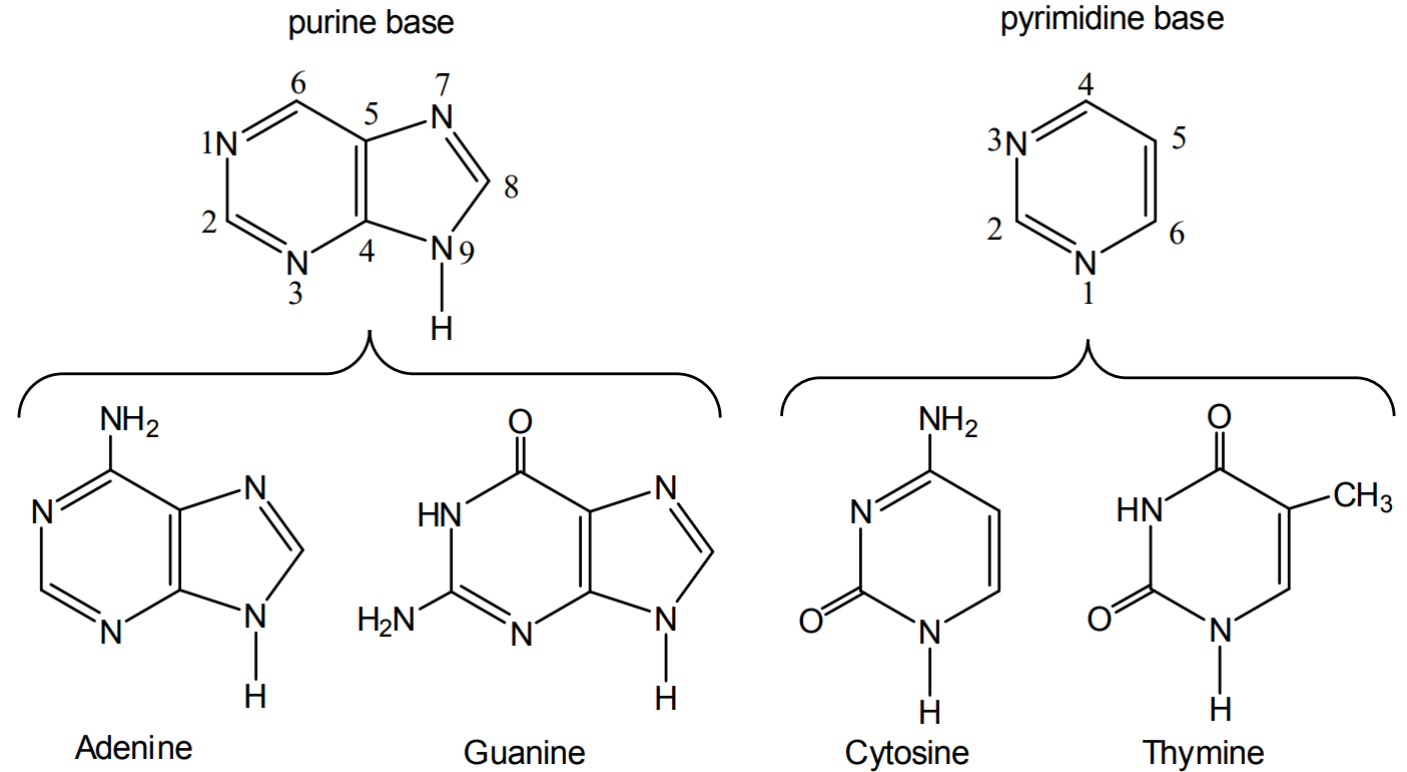
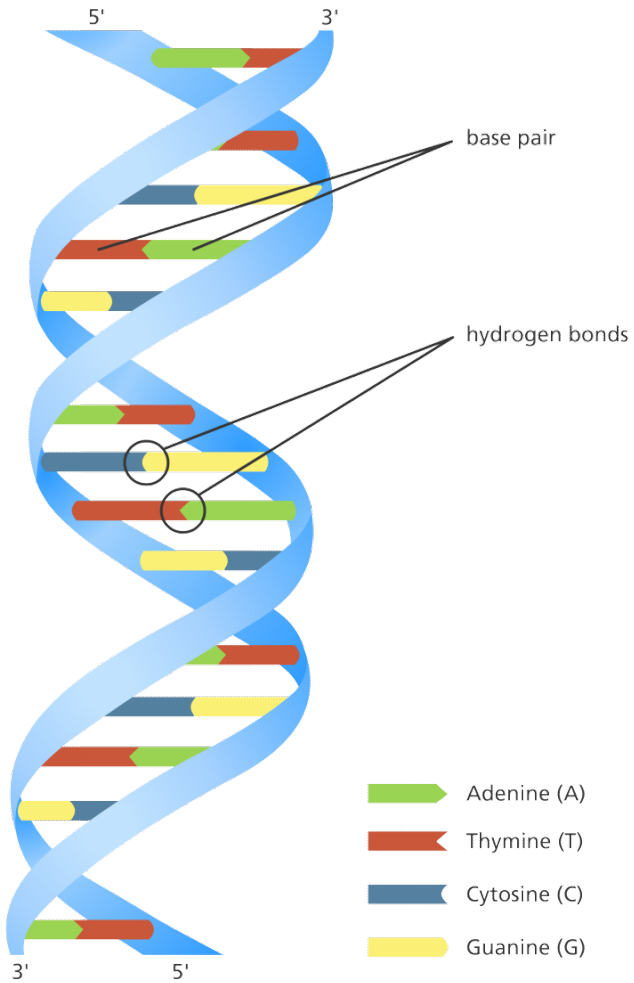
- Myelosuppression
  - TPMT levels not correlated with risk in dogs
  - TPMT level much lower in cats – higher risk of immunosuppression
- Hepatotoxicosis
  - Much lower incidence (5% vs 15%) when administered EOD along with tapering GC (Eberhardy, *Vet Dermatol* 2020)
  - Median onset: 14 days (13-22 days)

# Chlorambucil (CLB)

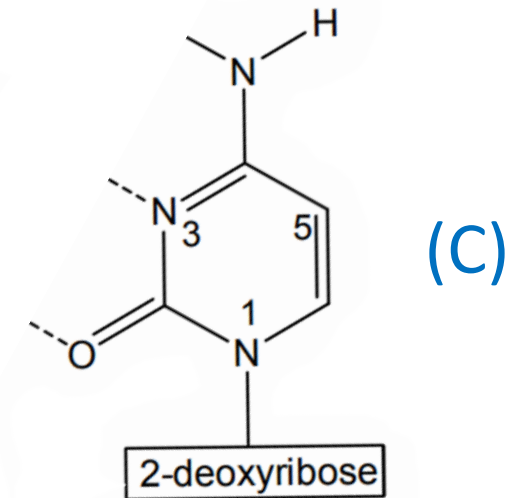
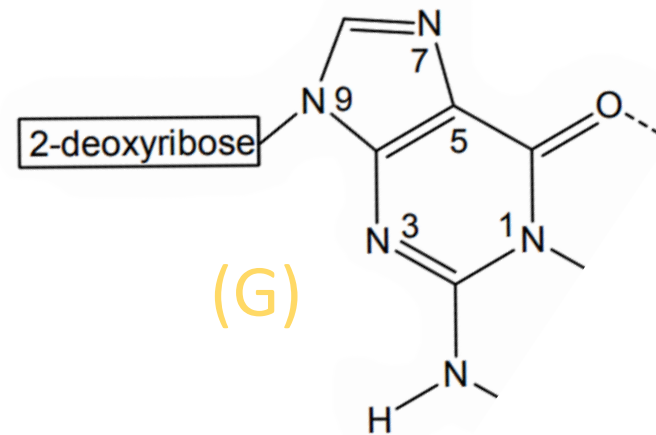
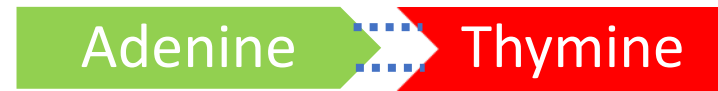
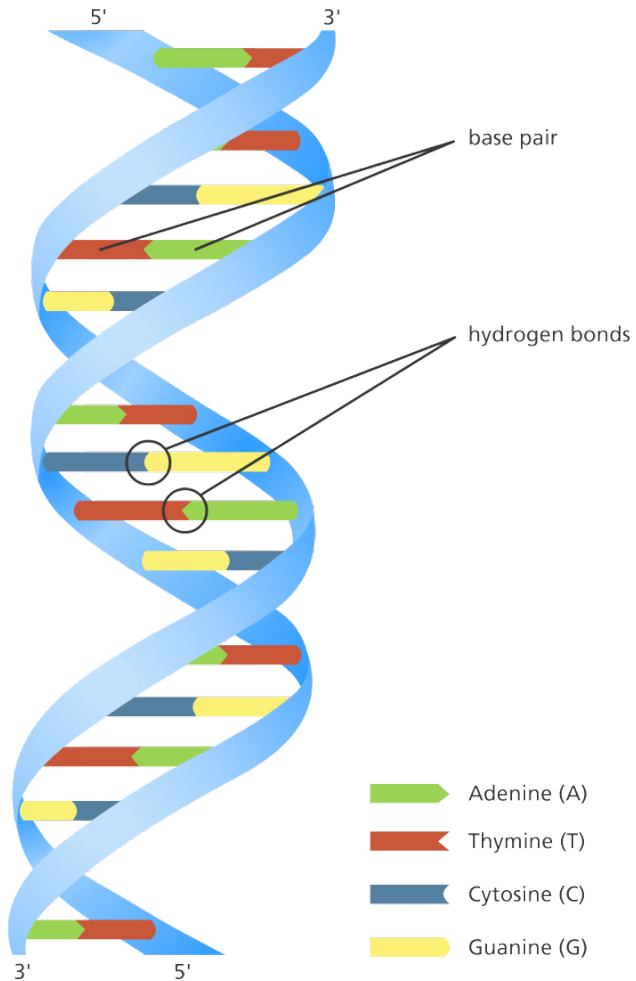
## *Definition*

- Alkylating agent: transfer of a reactive alkyl group from one molecule to another **forming covalent bonds**
- Nucleophile (“Donor”): provides a pair of electron to form covalent bond
- Electrophile (“Recipient”): accepts a pair of electron to form covalent bond
- **Chlorambucil is a reactive electrophile (Recipient)**
- **Guanine (N7 position)** is the most nucleophilic site (Most generous “donor”)
- Cytotoxic effects: alkylate the nucleophilic portion of a DNA molecule through the formation of covalent bonds.
- Causes “unwanted” cross-linking of DNA:
  - Intrastrand
  - Interstrand (most “devastating” effect)

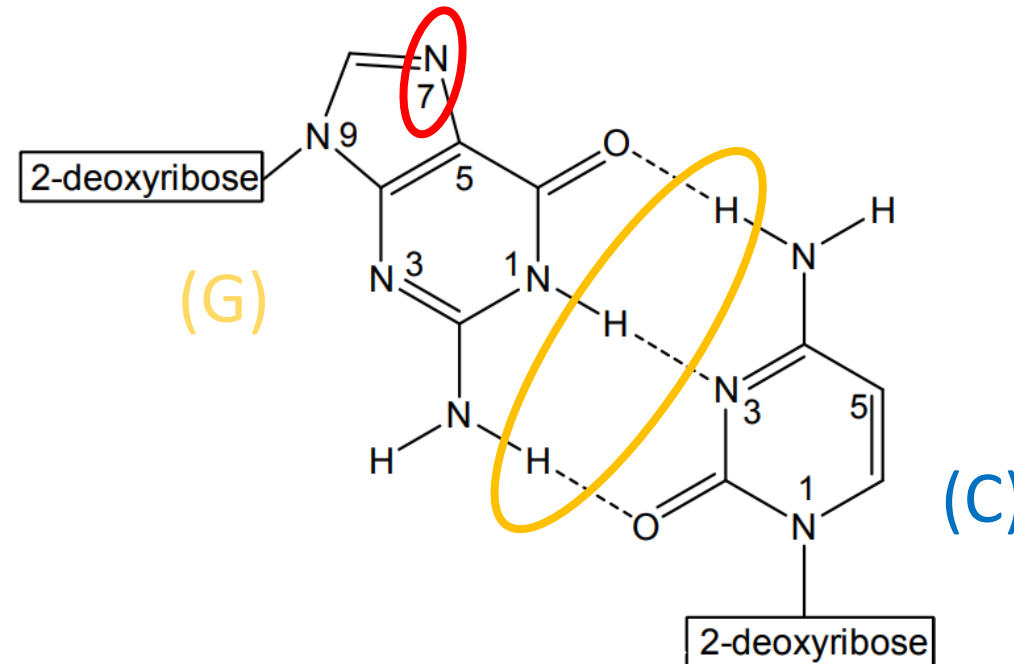
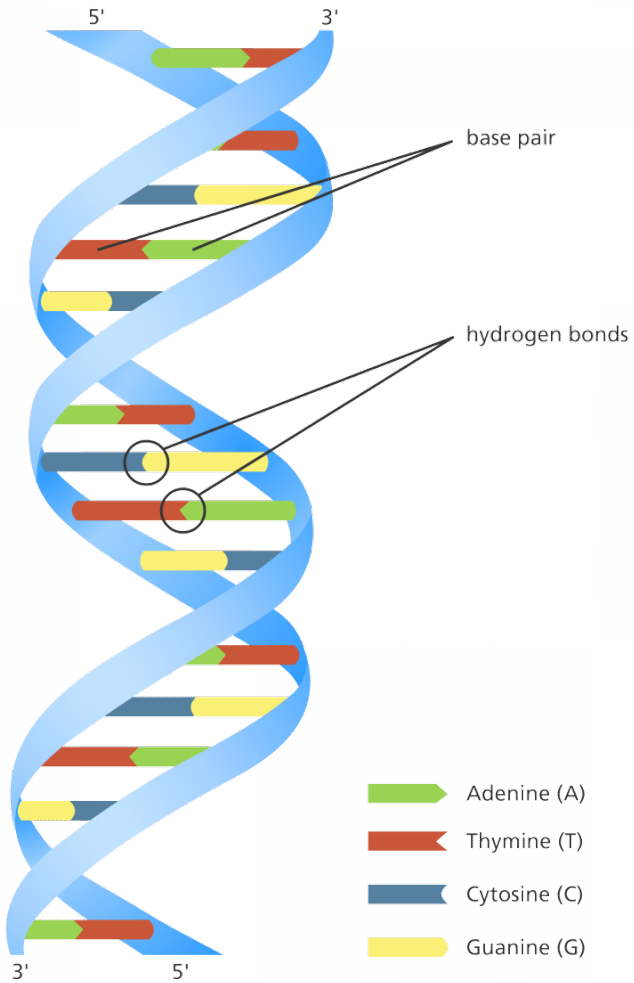
# Chlorambucil (CLB) *Mechanism of action*



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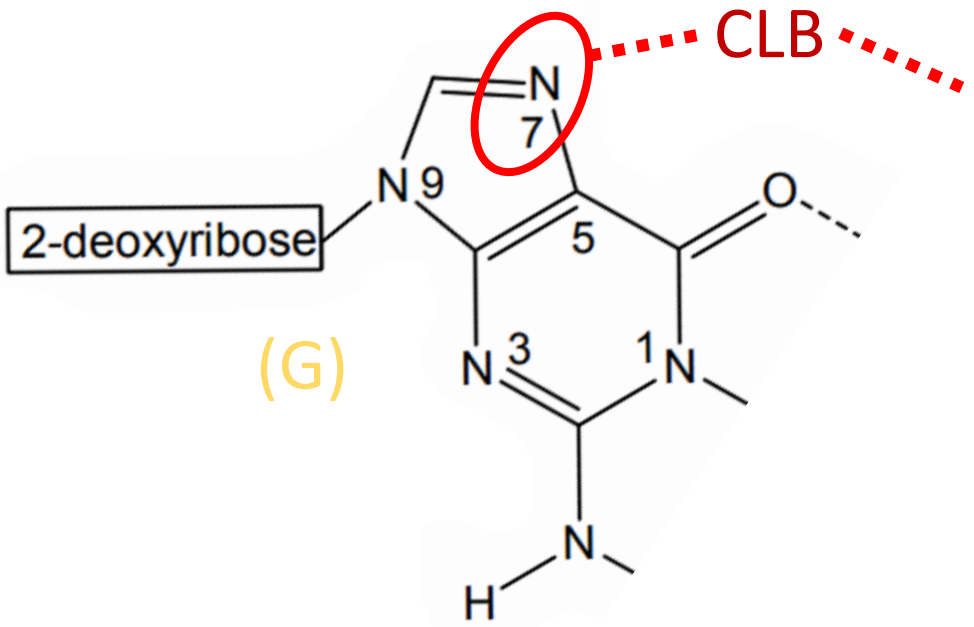
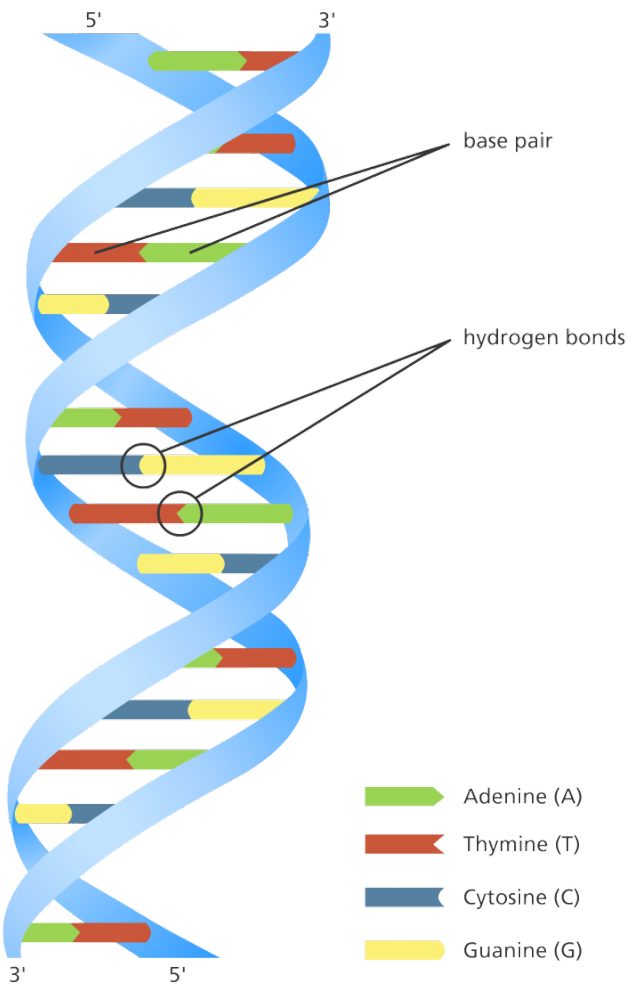
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# Chlorambucil (CLB): Bifunctional alkylating agent

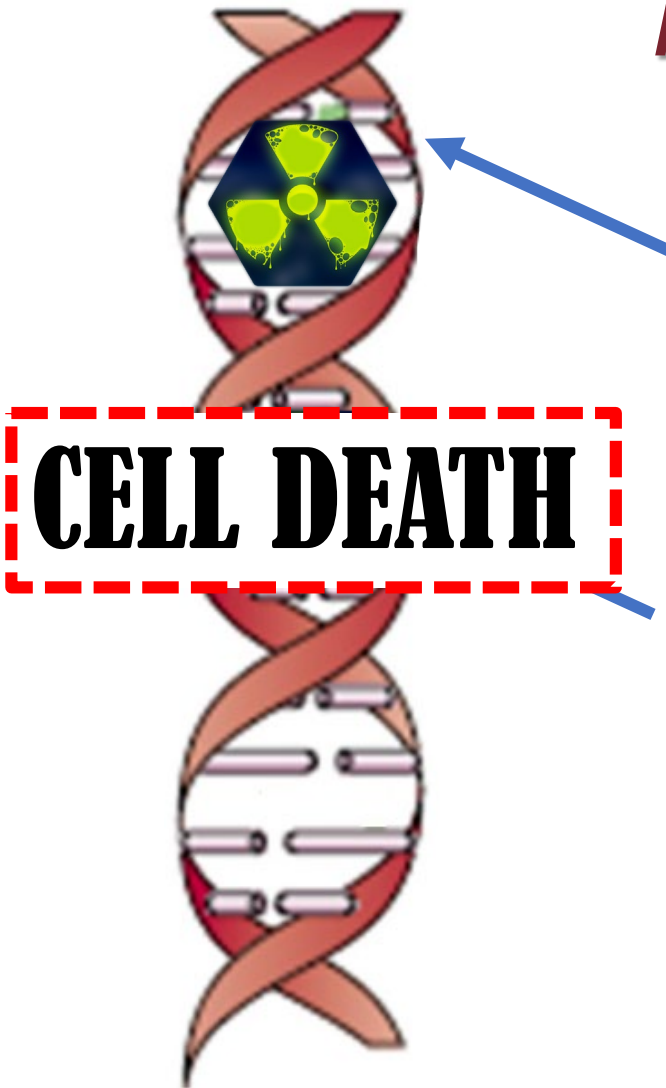
## *Mechanism of action*





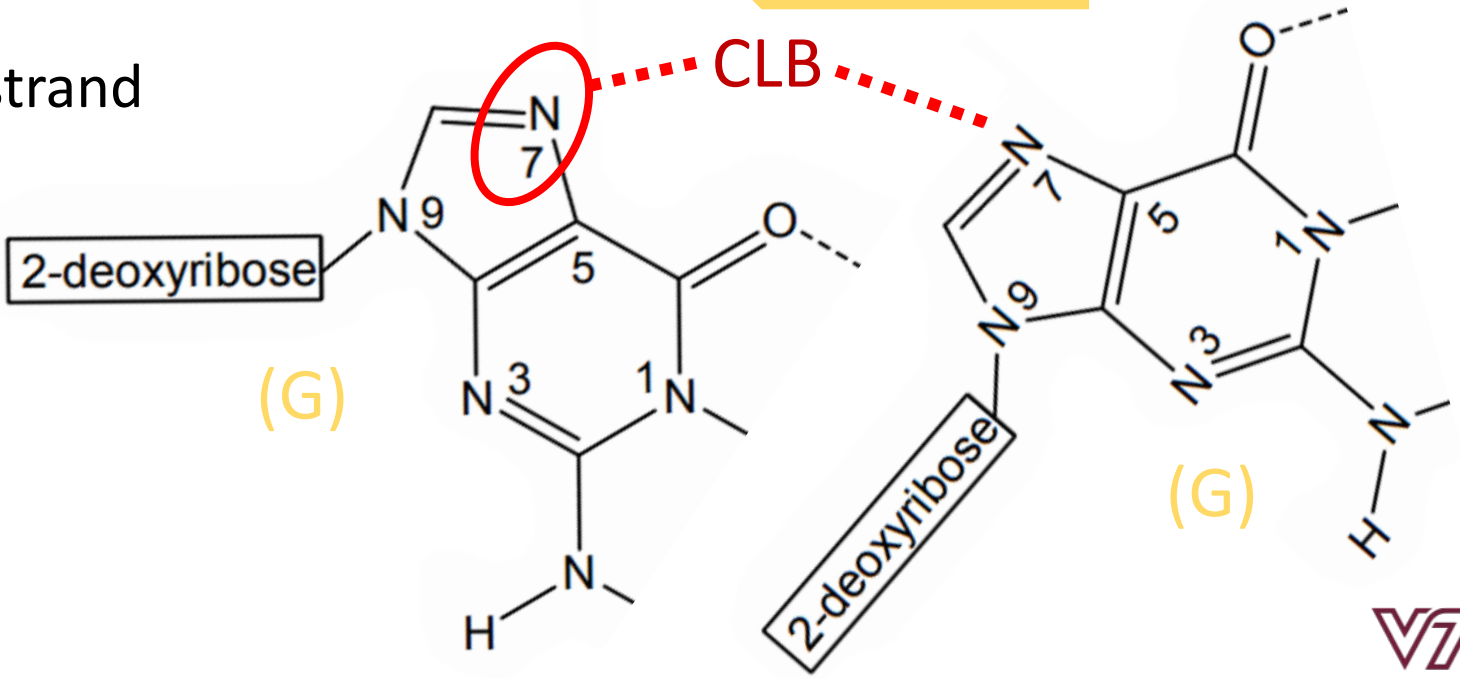
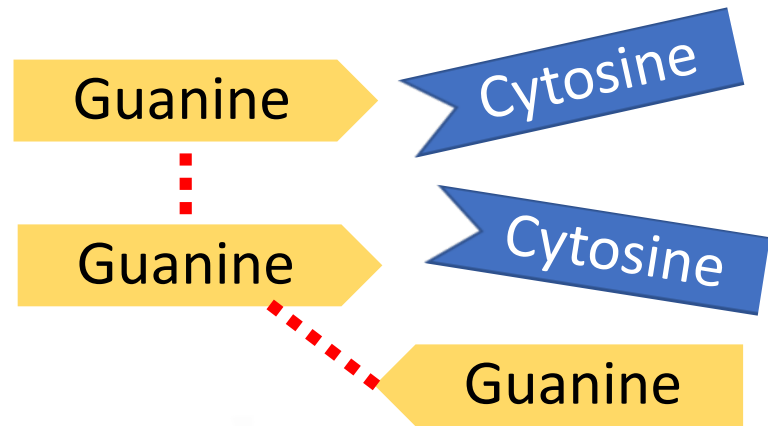
# Chlorambucil (CLB): Bifunctional alkylating agent

## *Mechanism of action*



Intrastrand

Interstrand



# Chlorambucil (CLB)

## *Dermatologic uses*

- In cats:
  - steroid-sparing agent in feline pemphigus foliaceus
- In dogs: (along with cyclosporine and prednisolone)
  - Vaccine-induced ischemic dermatopathy (Kim, *J Vet Med Sc* 2011)
  - Canine eosinophilic granuloma (Knight, *Vet Dermatol* 2016)

# Chlorambucil (CLB)

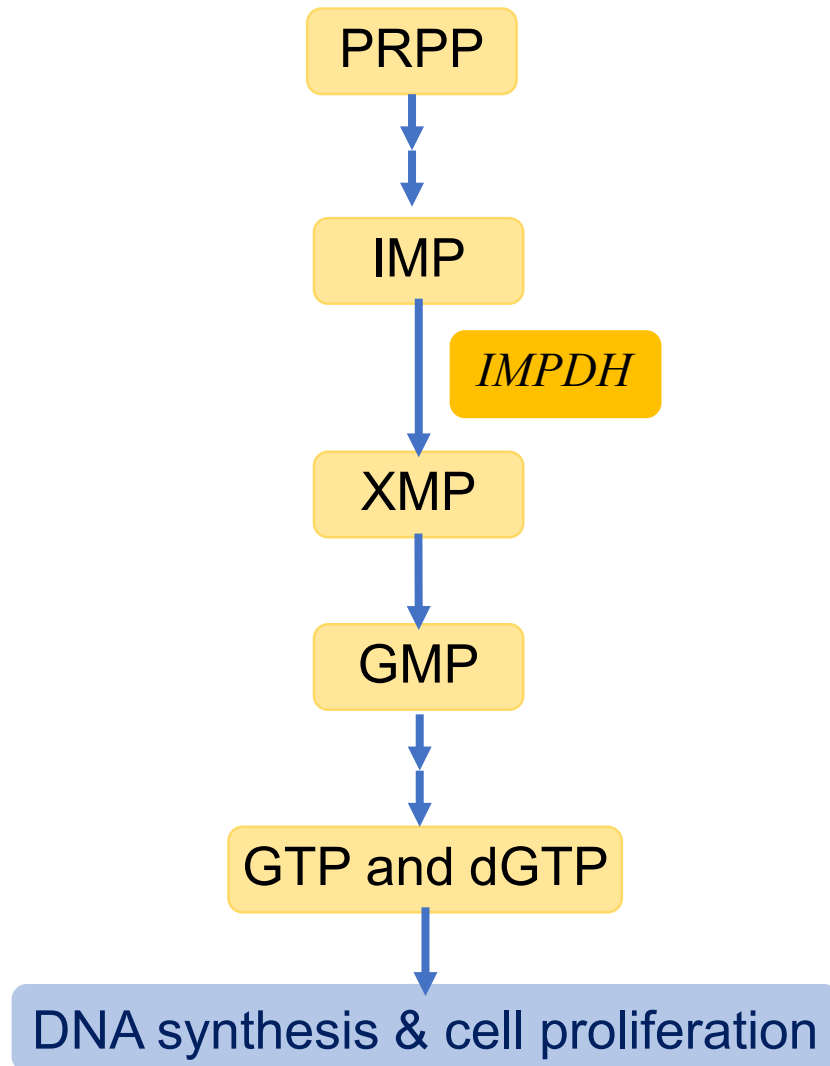
## *Adverse effect*

- Myelosuppression 7-14 days
- Reversible myoclonus (Benitah et al, *JAAHA* 2003)
- Fanconi syndrome (Reinert et al, *JFMS* 2016)

# Mycophenolate mofetil (MMF)

- Active metabolite: mycophenolic acid (MPA)
- Interferes with guanine synthesis via inhibition of inosine monophosphate dehydrogenase (IMPDH) enzyme

# Guanine nucleotide and *de novo* pathway



**PRPP:** 5-phosphoribosyl-1-pyrophosphate

**IMP:** inosine monophosphate

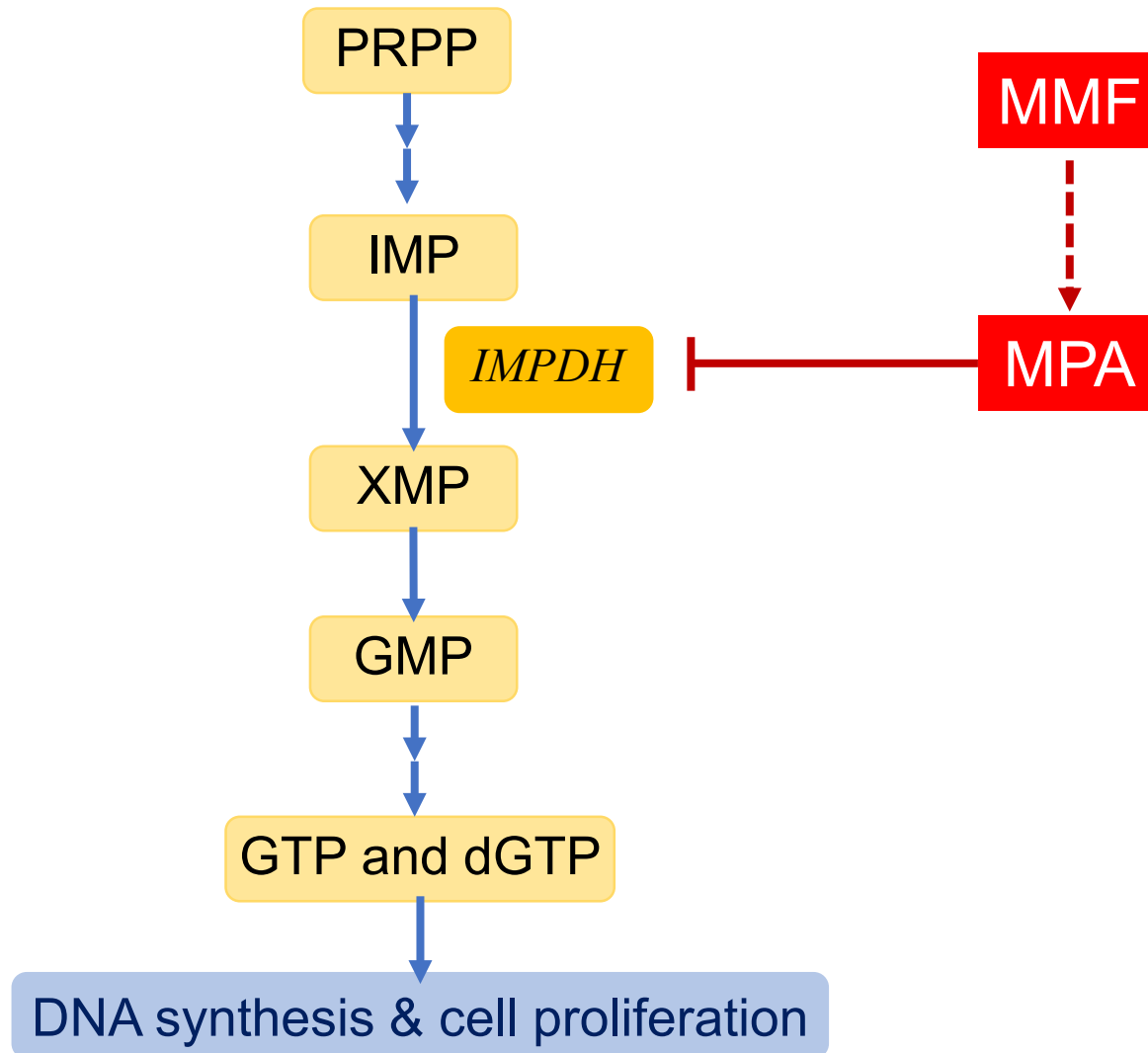
**XMP:** xanthine monophosphate

**GMP:** guanosine monophosphate

**GTP:** guanosine triphosphate

**dGTP:** deoxyguanosine triphosphate

# Mycophenolate mofetil: *Mechanism of action*



**MMF:** mycophenolate mofetil  
**MPA:** mycophenolic acid

# Mycophenolate mofetil (MMF)

## *Dermatologic uses*

- Canine pemphigus foliaceus
- Exfoliative cutaneous lupus erythematosus (ECLE)
- Vesicular cutaneous lupus erythematosus (VCLE)
- Mucocutaneous cutaneous lupus erythematosus (MCLE)
- Epidermolysis bullosa acquisita (EBA)
- **Except** for the dog with **ECLE** (Ferigno, *Vet Dermatol* 2019), MMF was used as an adjunct therapy along with GC, CsA and/or topical tacrolimus

# Mycophenolate mofetil (MMF)

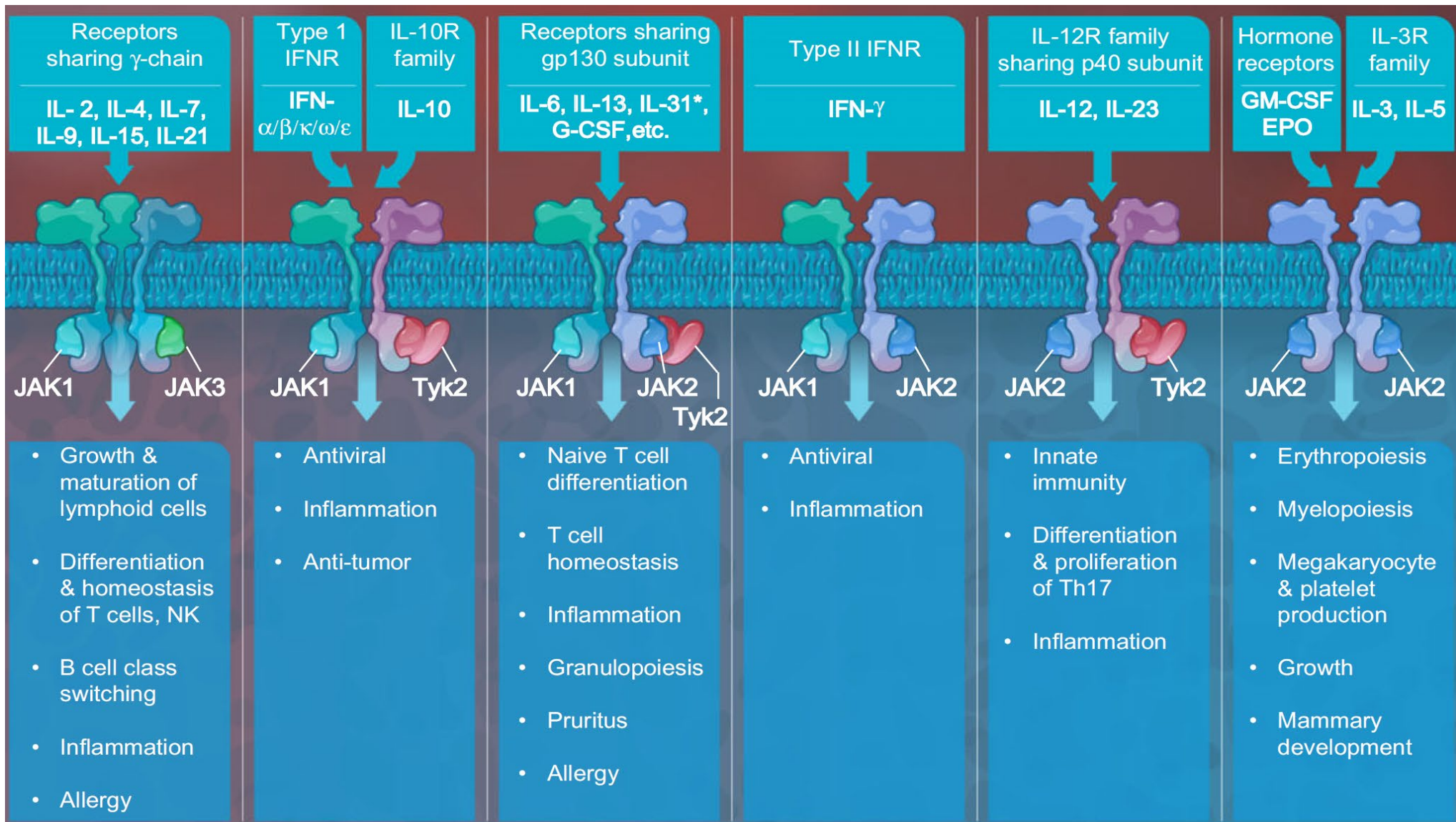
## *Adverse effect*

- Diarrhea most common
- In one study, 23/127 dogs (18%) had diarrhea (Fukushima, *J Vet Int Med* 2021)
- Resolved with dose reduction or discontinuation of MMF



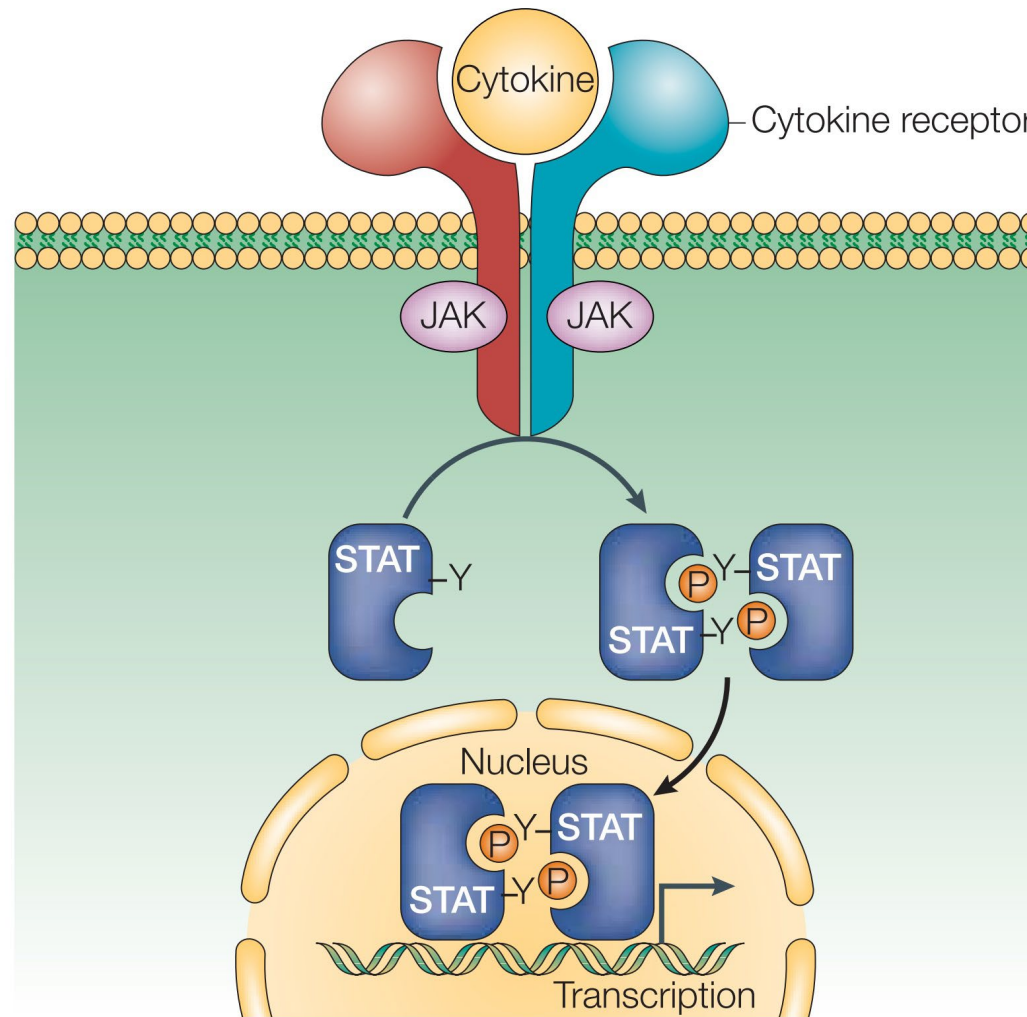
# ***Oclacitinib***

- Janus kinase inhibitor (JAKi)
- Four members: JAK1, JAK2, JAK3 and TYK2



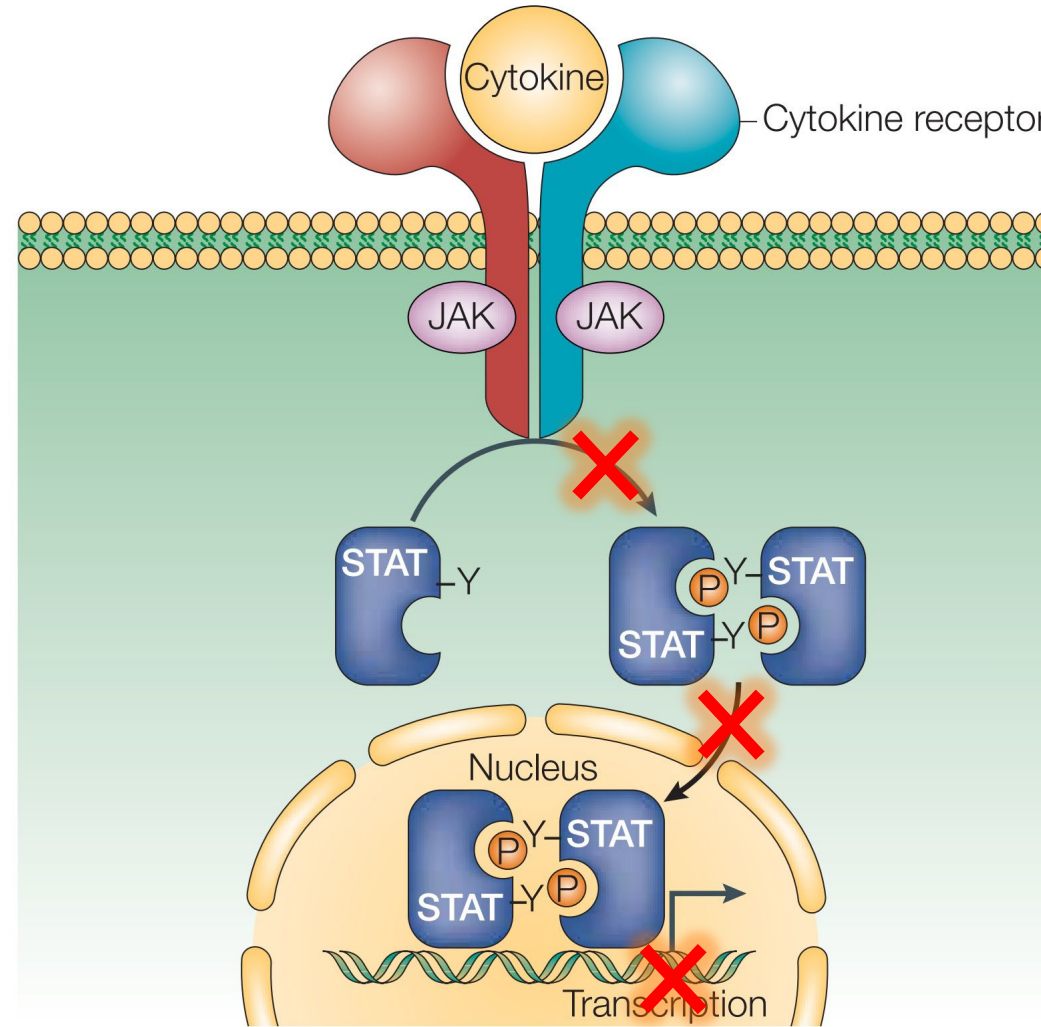
(Gonzales, J Vet Pharmacol Ther 2014)

# Cytokines and JAKs



(Shuai, Nature Reviews Immunology 2003)

# *Oclacitinib: Mechanism of action*



**X JAK inhibitor**

(Modified from Nature Reviews Immunology 2003)

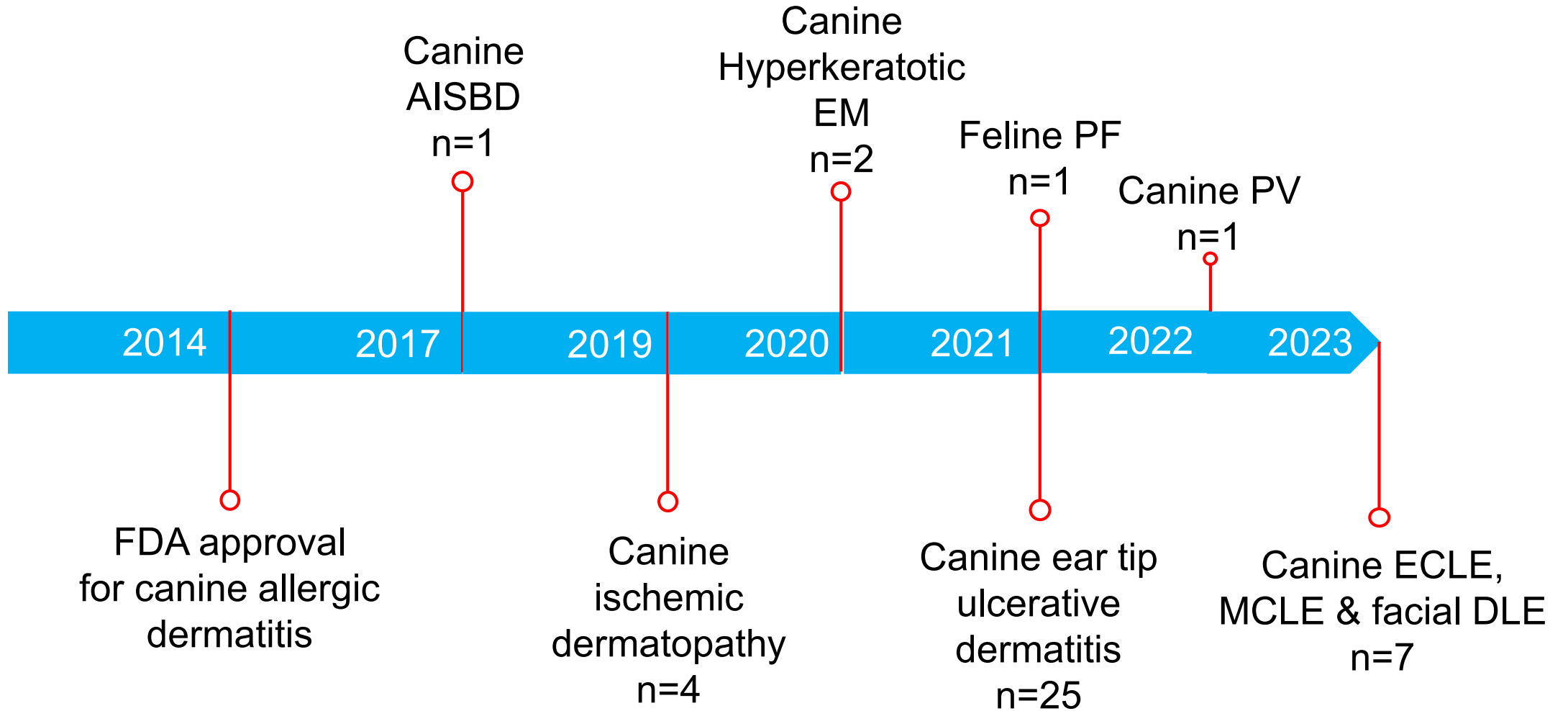
# ***Oclacitinib and immunosuppression***

Higher doses result in:

- Reduction in IL-2, IL-15, IL-18 and IFN- $\gamma$  (Banovic, *Vet Dermatol* 2019)
- Induced apoptosis of canine CD4+ and CD8+ T cells *in vitro* (Jasiecka-Mikołajczyk, *Res Vet Sci* 2018)

# Oclacitinib

## *Dermatologic uses*



# Oclacitinib

## *Adverse effect*

- Cutaneous papilloma
- Demodicosis
- Bacterial pneumonia in several 6- and 12-month-old dogs  
(Zoetis safety studies)

# Oclacitinib

## *Adverse effect*

*Vet Dermatol* 2022; **33**: 149–e42

DOI: 10.1111/vde.13053

### **Prolonged twice-daily administration of oclacitinib for the control of canine atopic dermatitis: a retrospective study of 53 client-owned atopic dogs**

Daria Denti\* , Marco Caldin†, Laura Ventura‡ and Michela De Lucia\* 

- Median treatment duration: 113 days (Range: 21-1277 days)
- Pyoderma, gastrointestinal upset and otitis externa
- Mild neutropenia (n=3), eosinopenia (n=6) and leukopenia (n=2)
- Hypercholesterolemia in 3 dogs



# Oclacitinib

## *Adverse effect*

Veterinary Dermatology

CASE REPORT

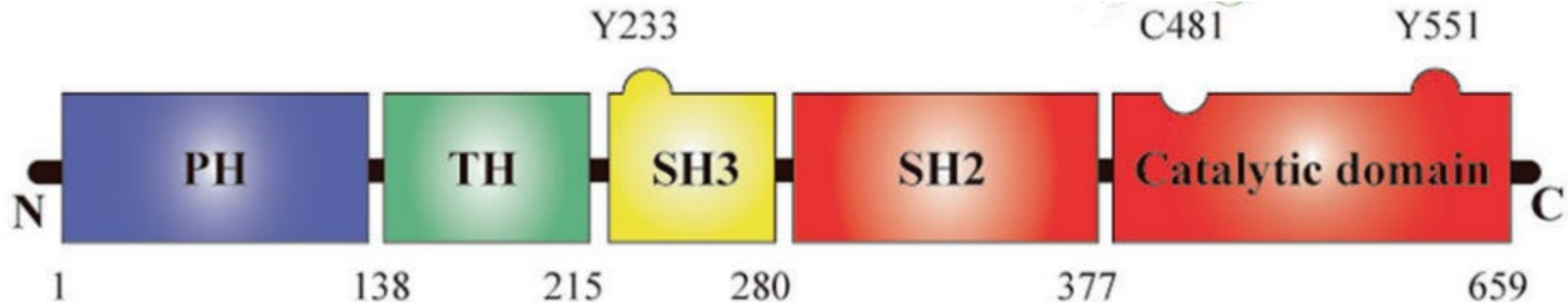
**Fatal disseminated toxoplasmosis in a feline immunodeficiency virus-positive cat receiving oclacitinib for feline atopic skin syndrome**

Alexandra Moore<sup>1</sup>  | Amanda K. Burrows<sup>1</sup> | Richard Malik<sup>2</sup> |  
Rudayna M. Ghubash<sup>3</sup> | Robert D. Last<sup>4</sup> | Benjamin Remaj<sup>4</sup>

(Vet Dermatol 2022)

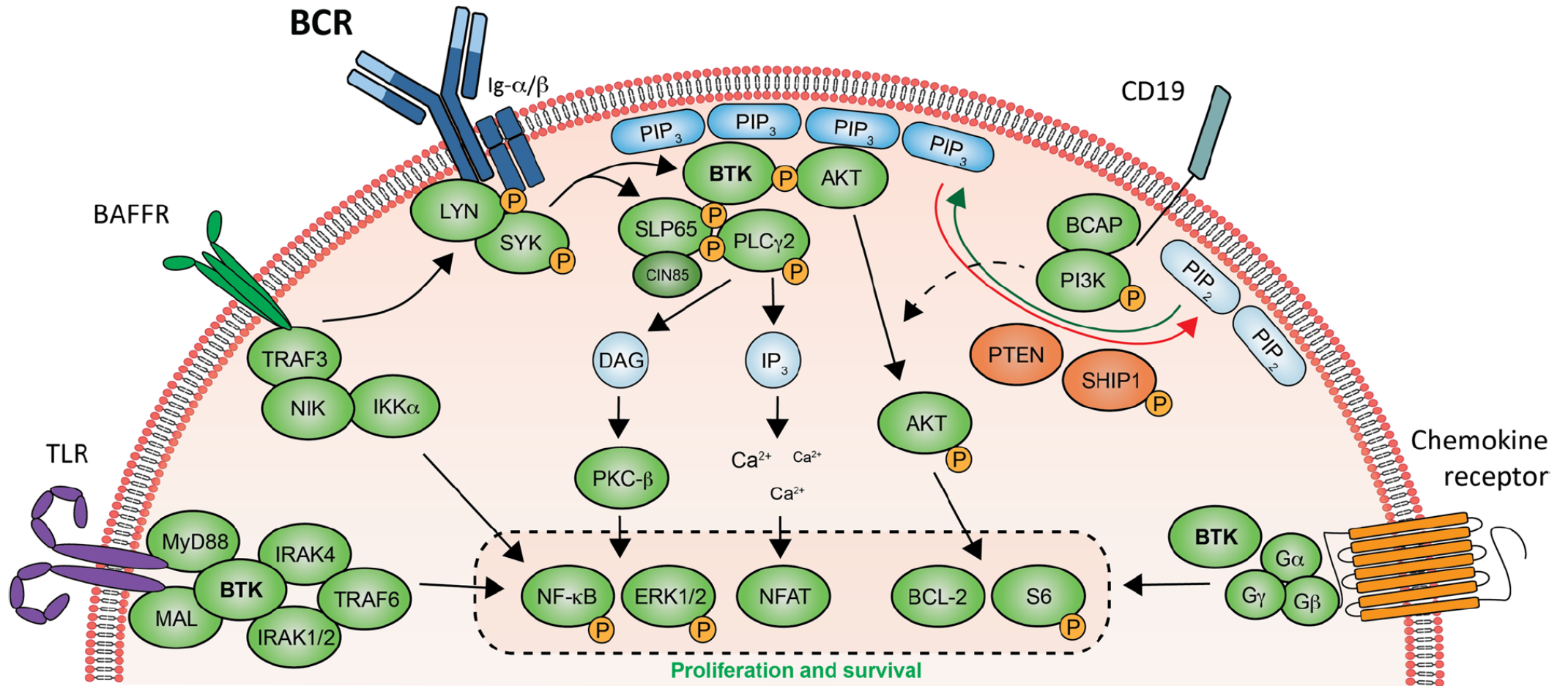
# *Bruton's tyrosine kinase (BTK)*

- Signaling protein
- Links the B-cell receptor (BCR) with B cell proliferation and survival
- Also present in mast cells, monocytes, macrophages, neutrophils and platelets.
- **NOT present in T cells.**



(Modified from Tingyu, Leukemia 2021)

# Bruton's tyrosine kinase (BTK)



(Neys, Drugs 2021)

# ***BTK associated diseases in humans***

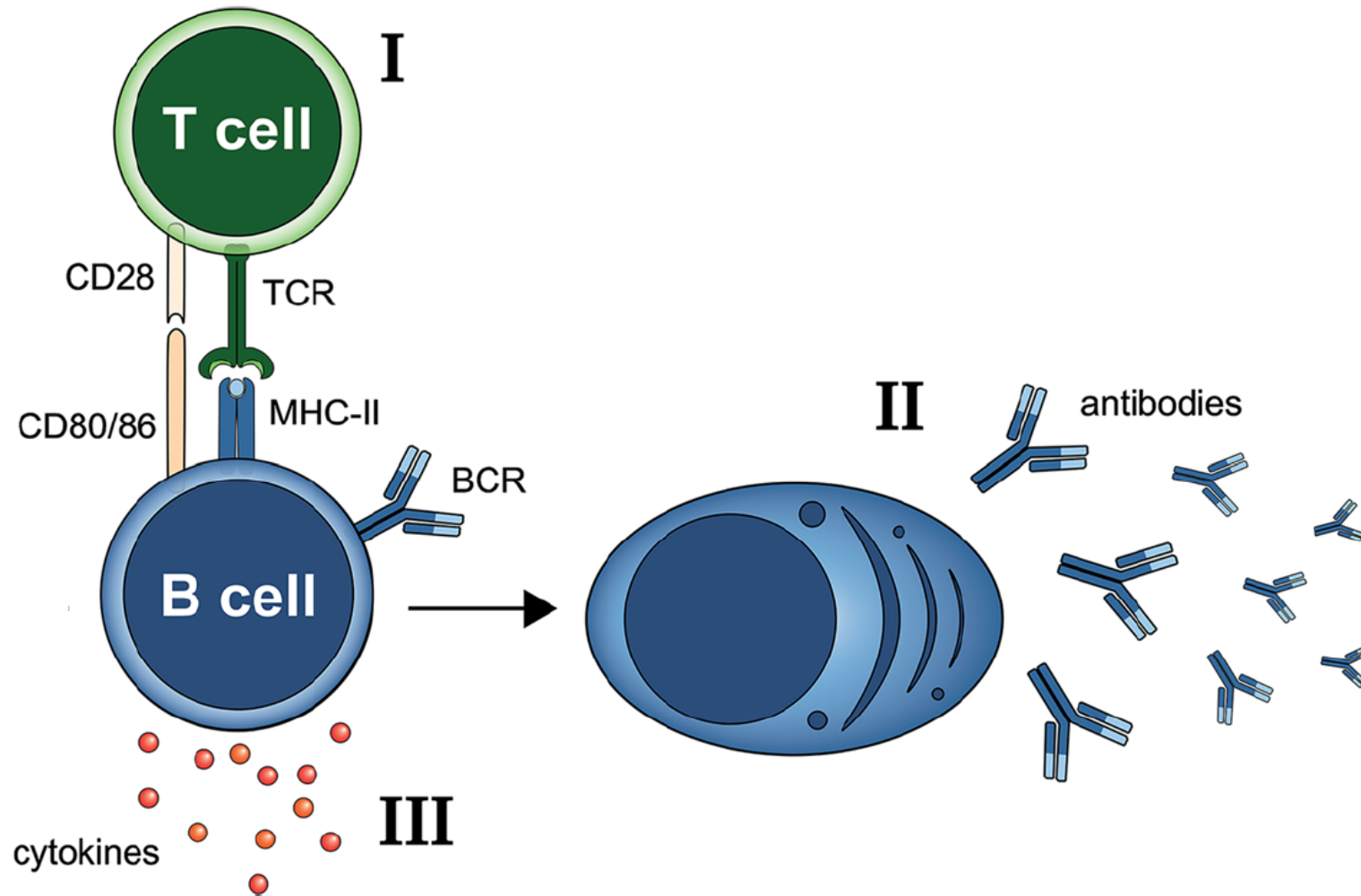
## **Lymphoproliferative disorders**

- Chronic lymphocytic leukemia
- Mantle cell lymphoma
- Waldenström's macroglobulinemia
- Diffuse large B cell lymphoma

## **Autoimmunity**

- Systemic lupus erythematosus
- Rheumatoid arthritis
- Multiple sclerosis
- Pemphigus vulgaris

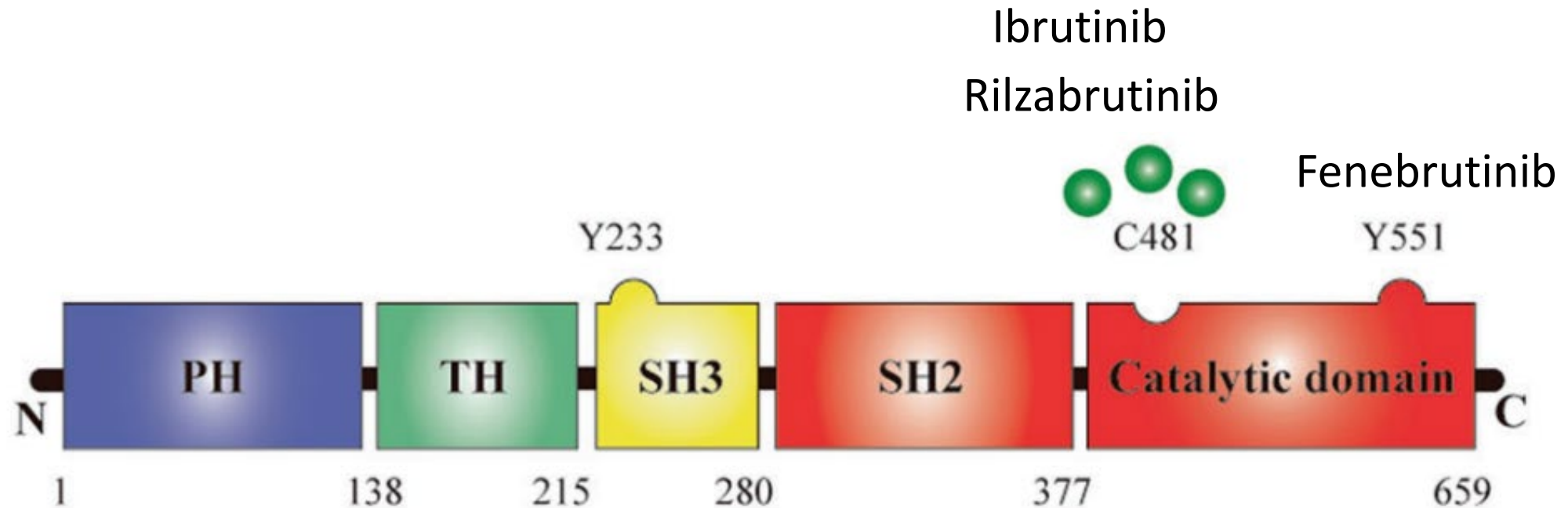
# B cells and autoimmunity



(Modified from Neys, Drugs 2021)

# BTK inhibitors

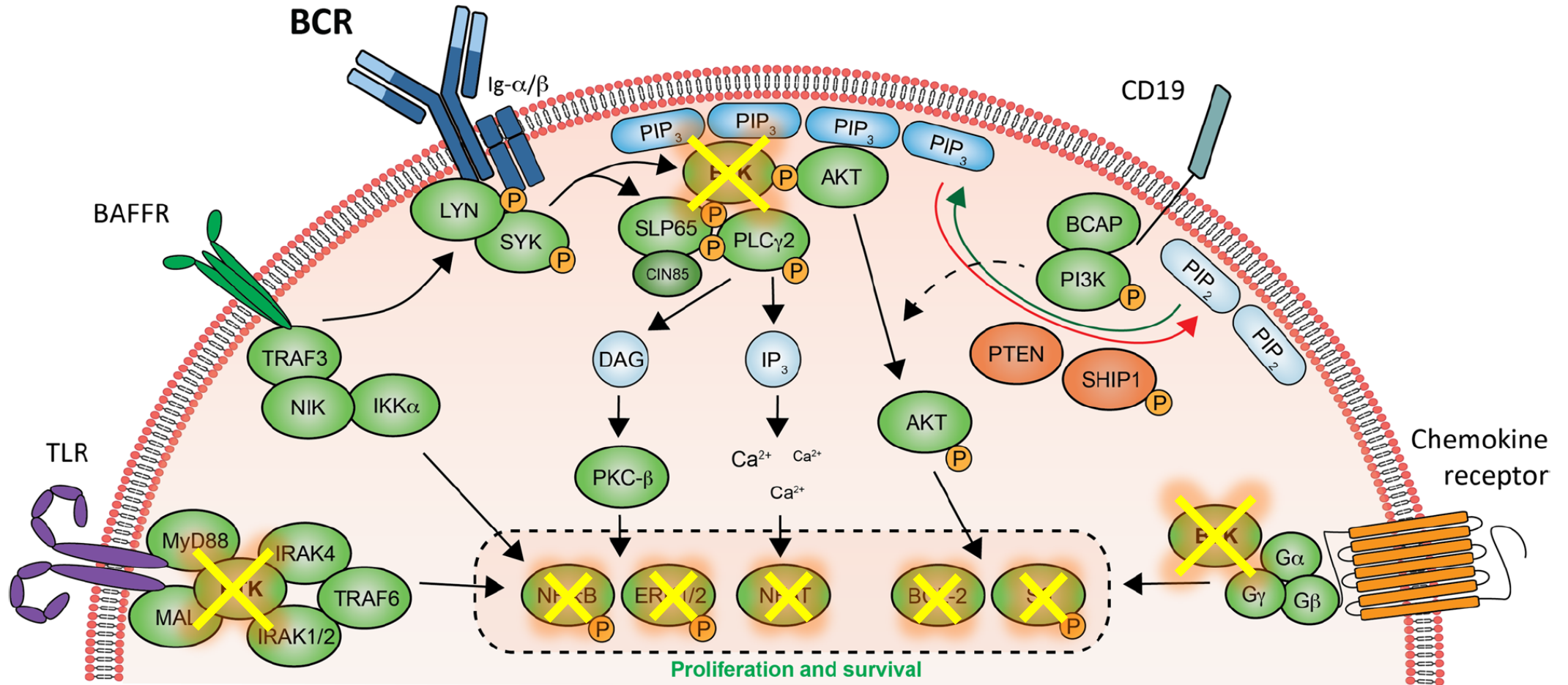
## *Mechanism of action*



(Modified from Tingyu, Leukemia 2021)

# BTK inhibitor

## Mechanism of action



(Neys, Drugs 2021)

# BTK inhibitor and canine pemphigus foliaceus

## PRN 473

- 9 dogs
  - Dosage: 15mg/kg SID for 20wks
  - Outcome:
    - Good: 4 dogs
    - Fair: 2 dogs
    - Poor: 2 dogs
    - Withdrew: 1 dog (relapse of mast cell tumor)
- \*3 achieved near CR by week 20

## PRN1008

- 4 dogs
- Dosage: 15mg/kg SID for 20wks
- Outcome:
  - Good: 3 dogs
  - Fair: 1 dog

(Goodale et al, *Vet Dermatol* 2020)



# BTK inhibitor and canine pemphigus foliaceus

## PRN 473 (n=9)

Adverse effects:

- Immune-mediated polyarthritis (n=1)
- Peripheral lymphadenopathy (n=1)
- Diarrhea and inappetence (n=1; diagnosed with chronic pancreatitis)
- Mast cell tumor?? (n=1)

## PRN1008 (n=4)

Adverse effects:

- Pyometra?? (n=1)

# Pharmacology of immunosuppressants used in cats and dogs

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8<sup>TH</sup> MAY, 2023



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